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Duchene trade brings him home

SUE TIFFIN

Staff Reporter

The Duchenes are happy that Matt's coming home.

The Haliburton-born NHL player left the ice mid-game as a Colorado Avalanche centre on Nov. 5, grabbed a rolling suitcase and left the arena for Ottawa when a much-anticipated trade was finalized.

"We are extremely excited for obvious reasons ... close to home, Christmas at home, short drive to games and best of all, a 'class' organization, a great city and 'Canadian proud'," wrote Vince, Matt's dad, in an email to the *Echo*.

"We are all looking forward to a fresh start and couldn't be more thrilled that it is with the Sens," wrote his mom, Chris, to the *Echo*. "We always wanted him to play in Canada, this is just unbelievable and we couldn't be happier and more proud of how he has handled himself over the last few months."

Chris, who grew up in nearby Cornwall where Matt's grandparents live and his uncle, Newell Brown, played for the Royals, said the family was happy that Matt and his wife Ashley and their dog Paisley were going to be closer to Haliburton.

see 'LAST page 4



In stitches

Knitters share a laugh at the Rails **End Gallery** on Friday afternoon during the monthly knitting circle. The group is friendly and open to everyone no matter the skill level. Join them the first Friday of the month from 1 to 4 p.m. at the gallery in Haliburton. JENN WATT

New composer hitting high notes with upcoming opera

JENN WATT

Editor

Highlands Opera Studio's general director Valerie Kuinka knew the timeline was going to be tight producing an original opera coinciding with Canada's 150th year, but after securing grant dollars and a composer with a compelling story, she was ready for the challenge.

Then her composer, Barbara Croall, bowed out.

"On July 10 we received a letter from Barbara Croall saying that she, through a variety of circumstances involving family health issues, had decided to pull out of the project," Kuinka recalled.

A workshop performance was a month away with full performances scheduled in both Montreal and Haliburton for the Christmas season.

"We had received our confirmation of funding from the Canadian Heritage in March and it was mid-April when we received our funding from the Canada Council. We were all systems go, we thought. With the first workshop looming on Aug. 19 it was very late," she said.

Within 10 days Kuinka, who is the stage director on this project, had found a new composer: one willing to conjure an opera focused on Indigenous themes from scratch under intense pressure.

Andrew Balfour, a Manitoba-based composer who has written more than 30 choral, instrumental or orchestral works performed or broadcast nationally and internationally, agreed to sign on.

see OPERA page 3



Reports find gaps in crisis services

Editor

Crisis services in Haliburton County and surrounding areas are in need of improvements to address gaps in coverage, according to two reports recently released by the Central East Local Health Integration Network.

More staff, local safe beds and the elimination of voicemail on the 24-hour help line for those experiencing "the onset of an emotional disturbance or situational distress .. involving a sudden breakdown of an individual's ability to cope" are among the recommendations put forward.

Two phases of the Community Crisis Service Review Priority Project, completed in March 2015 and July 2016 respectively, describe in detail what's missing and provide recommendations on how to improve the system. The reports were posted on the Central East LHIN website following a request by the Haliburton Echo.

The reports were generated with the goal of reducing the frequency of emergency department visits for mental health and addiction issues.

Crisis support services are available to step in to help a person through that situation and prevent it from getting worse. Although many crises result from those who have a diagnosed mental illness, many do not.

"Timely, 24-hour access to a variety of crisis service options is an important part of crisis response," the review states. "Crisis intervention options should include crisis telephone lines, walk-in services, mobile crisis response, and residential services (i.e. crisis/safe beds), along with psychiatric emergency/medical crisis

Currently, for the north east cluster of the Central East LHIN, which includes Haliburton County, there are six crisis/safe beds provided by Four Counties Crisis.

A one-month pilot review found that during 30 days in November of 2014, there were 22 admissions to the beds in total, with the average length of stay at nearly six days.

During that same period, there were 16 people who

needed a bed, but one wasn't available.

The same review also found that 1,223 calls came in to the crisis telephone line. Of those, 155 left voicemail messages and of those 87 per cent were retrieved within the ministry standard of 90 minutes. For the 20 calls that were labelled "failed retrieval," the reasons included high call volumes, unclear voicemail messages, no information left on voicemail and no call-back requested.

"Each of the three providers [of crisis services] operates a 24-7 crisis telephone line with the capacity to service up to three clients at a time, or as few as one client at a time depending on the time of day and whether crisis response staff are out on mobile visits," the review document says. "When an immediate telephone response is not possible, callers are routed to voicemail as no provider offers the option for callers to hold in queue and wait for an available operator.'

Dave Jarvis, director of Haliburton Highlands Mental Health Services, said many of the recommendations found in the review ring true for the county. Jarvis is

I believe that crisis services are really the gateway to longer-term help.

— Dave Jarvis Haliburton Highlands Mental Health Services

listed as one of the contributors to the first review document.

"One of the biggest issues in Haliburton County: the crisis services are underfunded," Jarvis said.
Four Counties Crisis has one full-time worker for Hali-

burton County who works in the same office as HHHS Mental Health Services.

"When any crisis calls come through they come through our phone service and we back that crisis worker up. If that person is occupied with another issue or incident, we would send one of our staff," he said.

Although in cities crisis services often includes a mental health worker who travels with police, in Haliburton the resources are not there for that service.

Jarvis said crisis services is particularly important because it is holistic. People who call self-define what a crisis is and they are given help to find a way forward.

"The crisis may be related to food. It may be a legal issue. It may be housing. It may be heat related. It may be that somebody's in a mental health crisis," he said.

"I believe that crisis services are really the gateway to longer-term help," he said.

Some of the gaps in service come from the geography of the Haliburton Highlands. The Central East LHIN covers a region that starts with Scarborough in the south and runs all the way to Haliburton County. Within that area is a diverse population and a range of challenges.

While TSH [The Scarborough Hospital] and DMHS [Durham Mental Health Services] provide mobile crisis response to an area of 164.2 and 2,523.6 km² respectively, 4CC [Four Counties Crisis] has one team that covers an area of 12,908 km² ... The single team model of 4CC is therefore challenged to meet the MOHLTC [Ministry of Health and Long-Term Carel standard of a mobile response visit within 24 hours," the report states.

Because that team is located in Peterborough, Jarvis said it struggles to respond to all the calls that come in.

"Does Haliburton get its fair share?" he asked. "No, not when the person's centralized in Peterborough and has to travel three hours to provide service.

The north east cluster also has no mobile response team, as these are normally dispatched in conjunction with police services and 4CC has partnerships only with Peterborough Police.

In addition to compiling information and conducting a pilot review of services, the LHIN also conducted focus groups and asked for stakeholders, clients and staff to complete surveys.

The results of those feedback mechanisms returned similar complaints.

A focus group of stakeholders identified crisis as 24-7, lack of staffing for the phones and response teams 24-7 as issues. Lack of transportation for clients in the north east cluster as well as not enough crisis beds were also identified. Clients in these groups were complimentary of staff and said they were familiar with services. They praised the empathy of the crisis workers, however, they said that they would like to have more staff on the phones.

"Clients frequently have to leave voicemail and it takes time for crisis intervention workers to call back or visit with a mobile crisis response," the review says.

In the second phase of the review, authors lay out recommendations on how to improve the system.

Among them, adding crisis/safe beds in Haliburton, City of Kawartha Lakes and Northumberland. The authors estimate it would cost \$160,000 in one-time costs to set up the beds and nearly \$1.5 million to staff them.

Converting the voicemail system to live crisis lines at 4CC, would cost about \$15,000 initially with the addition of staff at \$200,000 annually and would include call forwarding to multiple sites.

In conclusion, the authors write, "The expectation is that access to services will improve, response times will decrease, and there will be enhanced accountability and transparency in the provision of crisis response services."

While the two reviews include a comprehensive model for the LHIN to follow to improve services, they are being treated as recommendations only.

The documents will inform future planning, said Katie Croninwood, director of strategic communications with the Central East LHIN.

They [the reports] didn't go as formal presentations to the [LHIN] board. Those were projects we had initiated as the senior team to engage those organizations to do that environmental assessment to come up with those recommendations," she said in an interview with the Echo. What went to the board was a presentation called Central East LHIN Mental Health and Addictions System Review by a consultant, Deloitte LLP.

That report says the region needs to ready itself for a 10 per cent population growth by 2025 with an increase in cases of mental health and addictions issues. That document is far more wide ranging than the crisis review documents, but includes fewer tangible details. It sets out as a goal supports that are readily accessible with 'no wrong door" for accessing services.

Croninwood says this process takes into account the crisis services review.

"Those community crisis reports rolled into that [Deloitte] document so it was an input into that document along with a whole bunch of other things: national studies, international studies, direction from the minis-

The LHIN is now putting the structures in place to work on two projects: an opioid strategy and centralized

"It kind of then goes back to the crisis services [review] because it's saying, no door is a wrong door," she said.

Those two reports roll into the Deloitte report. The Deloitte report went to our board ... our board now has approved moving forward with the development of that Central East LHIN Regional Mental Health and Addic-

As for whether the specific recommendations from the reviews will be implemented as they were presented, Croninwood said that hasn't been decided.

"You can well imagine there's recommendations that come to the LHIN from all sorts of different partners to meet all sorts of different needs and it's a question of how you take those in, what are the funds that are going to support it ... and how do you assess all of these different needs in the overall geography?"

She pointed to a new initiative of the LHIN, subregion planning tables, which are devised to decentralize decision-making to a local level. In the Highlands, the planning table covers Haliburton County and City of

The planning tables will be composed of service providers, public health staff, caregivers and patients.

"We come at it from that overarching mental health and addictions plan that was informed by the work that .. [was done] on community crisis. That comes into the plan," she said.

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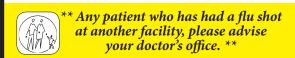
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Opera to explore difficult subjects with sense of hope

from page 1

"It's a miracle that he was available, interested in the nature of our project and was able to step up to the plate and step right into the project," Kuinka said.

Stepping into the project didn't mean picking up the pieces, however.

Balfour needed to come up with an entirely new story, lyrics and concept while keeping with the themes set out originally. Funding was on the line.

"Fortunately, I was able to convince both Canadian Heritage and Canada Council that Andrew, although this has been basically a heart transplant of this project, that in fact Andrew was a wonderful person to take this on and all the essence of the project – the description, the goal, would be intact. We felt very strongly he was the right person for it," she said.

The new opera, titled *Mishaabooz's Realm*, is being created in partnership with L'Atelier Lyrique, L'Opera de Montreal, and is to be performed at Studio-Theatre Alfred-Laliberte in Montreal over two evenings, moving to Haliburton's Northern Lights Performing Arts Pavilion Dec. 21 and 22.

An opera in three acts, *Mishaabooz's Realm* explores the story of Indigenous peoples in Canada from before contact with Europeans to colonization before moving to healing and understanding.

Balfour is of Cree descent and said he has been exploring his roots for the last

"I didn't grow up with Aboriginal culture. I grew up in a white family and was adopted, so it took me a while to learn about my Aboriginal blood and my culture. I'm 50 years old and I'm still learning about it. It's a lifelong process and journey," he said.

Balfour was adopted as part of the infamous Sixties Scoop, a widespread practice across Canada that took children from their Indigenous families and placed them with white middle-class parents.

Knowing his opera would be performed in Haliburton and Montreal, Balfour began researching the first peoples in the two regions.

In the Highlands, he connected with Curve Lake First Nation. He also spent the month of August in Haliburton taking in the local environment.

"For something like this, you can't always do it in front of a computer. You have to get out on the land, meet elders, meet people, listen to ceremonies, which I've loved about this project," he said.

Balfour had never been to the Haliburton Highlands before and said the landscape provided inspiration for writing

the libretto, or words for the opera. *Mishaabooz's Realm* addresses dark periods of the nation's history and the tragic events that continue to play out within Canada, however, the composer said the intention is to move forward with hope.

"I'm an optimist and I wanted to have a healing element to this opera. Although we do go deep with dark issues and that's important to me as well."



When I first got to Haliburton I thought, this is the weirdest place to write an Indigenous opera, but in many ways, it wasn't.

- Composer Andrew Balfour

Since there is no permanent sizeable Indigenous community currently in the Haliburton Highlands, the project wasn't an obvious fit for the composer.

"When I first got to Haliburton I thought, this is the weirdest place to write an Indigenous opera, but in many ways, it wasn't," Balfour said.

As he spent time in the landscape, he was able to better see the region's importance to the first peoples as hunting grounds and pathways via lakes through the heavy forests.

The Indigenous people were able to read the land long before GPS and the internet came about, he said.

It is Balfour's hope that those who see *Mishabooz's Realm* will come away with an ignited interest in Indigenous issues and motivation to move forward toward solutions.

"I want them to celebrate the first peoples on Turtle Island, which is North America. And I want them to celebrate the potential of working together, which is very important right now," he said, specifically pointing to environmental destruction as urgently needing attention

Kuinka said great care has been taken to represent Indigenous cultures without taking inappropriately from them.

Costumes, for example, will be "reflective of First Nations spirituality and symbolism" without being traditional costumes.

And while the subject matter is intense, the focus will be "a window on possibility and a window on awareness rather than hitting people over the head."

The opera runs about 90 minutes and includes six core performers, three Indigenous and three from the opera world. In Haliburton, a local community choir will be incorporated and there will be opportunities for audience participation.

"We hope to leave people with new ways of looking at an existing situation with the possibility of healing, that's the end goal," Kuinka said.

Tickets are \$25 each and can be purchased at highlandsoperastudio.com or by calling the box office at 1-855-455-5533. Performances in Haliburton take place in the Northern Lights Performing Arts Pavilion at 7:30 p.m. on Thursday, Dec. 21 and Friday, Dec. 22.



The Haliburton Opera Studio's composer-in-residence Andrew Balfour addresses Haliburton Highlands Secondary School students recently. He is the composer of a new opera being created in Haliburton, Mishaabooz's Realm. /DARREN LUM Staff



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Lengthy waiting list for affordable housing in the county

SUF TIFFIN

Staff Reporter

The group of about a dozen seniors gathered in the lounge at Parklane Apartments came to the non-profit housing development at different times and different ages, from different places, for different reasons.

But they all agree on one thing: get your name in early.

They came from Haliburton and Carnarvon, but also Gravenhurst, Oshawa, Markham, Newmarket. Some were living with their kids when a unit opened at Parklane and the call came, inviting them to move in. Some were in the midst of major life changes: selling their house, or dealing with grief from the recent loss of a spouse and had to make a fast decision. Some declined the invitation because they weren't ready yet, which is possible to do up to three times before a name drops to the bottom of the waiting list. Some wondered whether they were ready and some were ready to move in within days of the call coming

They were looking for affordability, security, location, accessibility and are thrilled with a place of their own at Parklane, but some had to wait – two years, five years, eight-and-a-half years, 10 years – to get in. There is a resounding "yes" from the entire group when asked if they know others in Haliburton County who are still waiting for affordable housing

ing.
"They're just hanging on, waiting and hoping that they can come soon," said Louise McDonald.

About 450 households – individuals, couples, families – are on the waitlist for Parklane Apartments and Echo Hills Legion Apartments in Haliburton, which have a total of 95 units between the two buildings.

"We have two different types of tenancies, those people who receive rent subsidy and those who pay market rent – rent that is comparable to the local private rental market," said Barb Fawcett, housing manager for Haliburton Community Housing Corporation, which operates the apartments

"There are many factors that can affect how long it takes to be housed but on average it is taking three to five years for subsidized applicants to be offered housing and about eight years for those waiting on the market rent waiting list."

In Fawcett's experience, wait times have gotten longer in the past two dec-



of Parklane Apartments said the building is what they were looking for as it offers security, accessibility, comfort, a great location and stellar maintenance. They consider themselves some of the "lucky ones," who were able to move in to affordable housing despite long wait lists./ SUE TIFFIN Staff

ades, which she attributed to limited safe, affordable and available rental housing in the county despite two new facilities, Whispering Pines in Haliburton and Pinegrove Place in Minden, being constructed in the past five years and buildings interspersed in Haliburton, Minden and Wilberforce.

"So the stock is increasing but so are the numbers of people struggling to find housing of any kind, but especially affordable," she said.

Today, 414 households in Haliburton County are waiting for affordable housing through the Kawartha-Lakes Haliburton Housing Corporation, vying for one of 237 financially-assisted housing units in place. Of those 237 units, 34 have been built in the past three years. Another 33 units are planned to be built.

Michelle Corley, program supervisor, housing help with the KLH Housing Corp., said people applying for financially assisted housing are commonly living with friends or family, facing rent that is unaffordable, in housing that is in need of repair, or simply planning for the future.

As a local real estate professional, Denise LeBlanc has seen first-hand the difficulties for people in the county finding affordable housing.

"If you look in Minden right now,

you might only find seven listings under \$300,000," she said. "So there's lots of people waiting in the wings."

LeBlanc said she was told about the lengthy waiting list for affordable housing facilities in the county, and that she might have to wait up to 10 years once on that list.

"My mindset was, if I have to wait 10 years, I'll be 70, first of all, and I might be ready then," she said. "I might not, but I think you're better off to have the option."

She knows of friends who thought the wait would be a matter of months, and were surprised, when their need was more urgent, to find that wasn't the case.

more urgent, to find that wasn't the case.
"People wait so long," said LeBlanc.
"They wait so long and then they're shocked."

LeBlanc isn't ready to be called just yet – she sold her own house and lives in one of 15 condos available in a newly constructed building on Newcastle Street – but she doesn't regret joining when she did.

"I think a lot of people, some of my friends, were saying, 'you're not ready for that,'" said LeBlanc. "No, I'm absolutely not ready for it, but I might be in 10 years. People just don't ... I don't think they really plan ahead for that."

The waiting list is causing some local residents to wait for a call before they list their home, while others are selling and living with their children, grandchildren or friends until a spot opens up.

At Parklane, residents shout out the age at which they decided to add themselves – or were added by their children – to the waiting list: 58, 73, 83, 65.

"Even though my wife and I were quite able, still, you're going to get older, things are going to happen," said Sid Henstra. "You see people around you that are going, sometimes earlier. You need to make plans when you start to get to 60 or 65"

"Get on the list," said Joan Townes, to agreement from the group.

For more information about housing in Haliburton County, visit www. kawarthalakes.ca/en/living-here/klhhousing-corporation.aspx or haliburtonhousing.com.

'Last night was crazy': Duchene

from page 1

She also looked back fondly on the experiences Matt had had since joining the Avalanche in 2009.

"We loved going to Colorado and had some amazing family time there that we will never forget," said Chris Duchene. "Watching Matt play hockey on his favourite childhood team was a highlight for Jess [Matt's sister], Vince and I and we are grateful to the organization for giving him such an awesome experience."

Leaving the Avalanche was not an easy decision for Matt, who requested the trade last year from general manager Joe Sakic, and said it was the hardest thing he's had to do.

"You know, there's no such thing as a perfect human being, but for me, Joe Sakic is pretty darn close," he said in a press conference. "He's a guy I looked up to my whole life. We had a great relationship the whole time, we both had a tear in our eye yesterday. Favourite team as a kid, and an honour to play there."

Matt told media he had been expecting the trade, which took place 1:59 minutes

into a game against the New York Islanders

"Last night was crazy," he said, laughing. "I had an idea before the game that it might happen, and I was kind of laughing with my agent and my parents and my wife. I was saying, that I thought it was going to happen during the first period. Funny enough, two shifts in, I actually saw our trainer get the call down and I knew right away that that's what it was. The coaches looked at me and kind of gave me the head nod so that was very strange. I tried to sneak off the ice but there was a camera right there so it kind of caught the whole thing."

From the arena in Brooklyn, he went right into practice the next morning with the Senators in Ottawa, preparing for a trip to Sweden that will see him play with his new team against his former team this week.

"This is a pretty big whirlwind, so I'm just trying to get my feet under me right now, but the nice part is, when you go out on the ice, it's just hockey," Matt told the media after the practice. "That's what you get used to doing."



Students get up close with government

DARREN LUM

Staff Reporter

It's an experience they're unlikely to ever forget,

particularly if it leads them to a political career.
Haliburton Highlands Secondary School senior students Vaibhavi Marathe and Arden Harrop are feeling inspired after getting an inside glimpse into the political machinations of the federal government.

The three-day Capital Experience program was offered by local MP Jamie Schmale from Oct. 22 to 24. It gives students with an interest in politics a chance to learn about the inner-workings of Ottawa from the people who work there.

The Grade 11 students were part of a group of 14 from seven secondary schools in Schmale's Haliburton-Kawartha Lakes-Brock riding. The HHSS students were sponsored by the Rotary Clubs of Haliburton and

They attended meetings with many prominent figures including Andrew Scheer, leader of the official opposition, officials from the United Arab Emirates and representatives from Summa Strategies Canada, a government relations firm, among others.

The students found out that many fields of study could take them to a career in politics.

"I learned there is no specific schooling you have to do or education. You can just [study] what you like and still get a job in politics," said Vaibhavi, who is interested in studying science.

Vaibhavi and Arden said they have an interest in politics, admitting they watch Question Period. This trip has bolstered their interest even more.

Vaibhavi loved being able to ring the bell in the Peace Tower. The students also saw how Canada's anthem is played through meeting with the Dominion Carillonneur of Canada, who plays the carillon.

Arden liked learning about the history of the Rideau Hall during the tour provided there.

Getting to learn about diplomatic relations, which they understand as keeping communication open between countries, was "really interesting."

Vaibhavi had never been to Ottawa before this trip. She was grateful for the opportunity.

This wasn't Arden's first trip to Ottawa, but it provided her more insight than what is accessible through tours of Parliament.

"It was interesting. Obviously, we went into different parts and we got to meet a lot of different people,"

From speaking with the other participating students, the two HHSS students gained greater understanding of what other teens like them are doing. One of the other girls they met had firm plans to reach her career

"She was the same age as us, so just to see how she [will do it inspired us]," she said.

Prior to this trip, Vaibhavi wasn't sure about her

participation in the Model UN. Now with her new knowledge of politics she was encouraged.

Because I have better understanding, I have more



Haliburton Highlands Secondary School Grade 11 students Vaibhavi Marathe, left, and Arden Harrop are inspired politically after their Capital Experience, as offered through local MP Jamie Schmale. They were part of a group of 14 students interested in politics from seven schools in Schmale's riding of Haliburton-Kawartha Lakes-Brock, who spent three days from Oct. 22 to 24 in Ottawa attending meetings with various politicians and individuals that work in the city. /DARREN LUM Staff

of an interest in politics," Vaibhavi said.

The program, started by former MP Barry Devolin, has been a very popular and beneficial program for young people in my riding's seven secondary schools," Schmale said in a press release. "This is really a wonderful opportunity for me to work directly with some of our young people and expose them to a number of potential career opportunities they may not have previously considered or been aware of.

When the Grade 11 students were asked if they would consider being the local MPs or MPPs of the future, they both smiled and said, "We'll see."



Because I have better understanding, I have more of an interest in politics.

— Vaibhavi Marathe

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www.haliburtonecho.ca 146 Highland Street, P.O. Box 360, Haliburton, ON, KOM 1S0

• 705-457-1037 • Fax 705-457-3275
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DAVID ZILSTRA, Publisher and Ad Director, ext. 37,

david.zilstra@gmail.com

JENN WATT, Managing Editor ext. 39, jenn@haliburtonpress.com

JENNIFER MCEATHRON, Admin jenniferm@haliburtonpress.com

DEBBIE COMER, Circulation, debbie@haliburtonpress.com

CHAD INGRAM, Reporter, chad@haliburtonpress.com

ANGELICA INGRAM, Reporter

DARREN LUM, Reporter, ext. 38, darren@haliburtonpress.com

SUE TIFFIN, Reporter sue@haliburtonpress.com

KAREN LONDON,

Production Coordinator karen@haliburtonpress.com

LAURA CHOWZUN, Production

ALEX BANELOPOULOS, Production

LAURA SMITH, Sales, ext. 32, laura@haliburtonpress.com

PAUL BANELOPOULOS, Sales paul@haliburtonpress.com

PAT LEWIS, Inside Sales classifieds@haliburtonpress.com

Forever in our memories: Creighton Feir

100 years later

THIS IS THE second year that we're publishing our We Remember feature, composed of images readers send in of loved ones who served over the years.

Overwhelmingly composed of First and Second World War veterans, these pages feature images of people who put the welfare of others before themselves and risked their lives serving Canada.

Looking at their young faces you wonder what they thought of the path before them. It must have

felt daunting. Were they frightened at the challenge ahead? Did the prospect of travel and adventure excite them?

Many of the men and women pictured are in their early 20s, just entering adulthood, their lives still forming.

Some of the captions provided by family members note that little information is known. While

some died in war, others returned and lived out long lives in Canada. Yet many chose not to speak much of their experiences.

This year marks the 100th anniversary of several particularly brutal events in the First World War including the Battle of Vimy Ridge and Passchendaele, which both exacted stunning tolls.

In April of 1917, the Canadians played a pivotal role in capturing Vimy Ridge, an effort that is frequently referenced as the first time this country made its mark in a big way. More than 100,000 French troops had already died at Vimy.

While the Canadians were tri-

umphant in the battle, which lasted from April 9 to 12, it came at a price. Seven thousand were wounded and nearly 3,600 dead.

Passchendaele occupies a similar place in our country's narrative and cost far more. Unable to push German forces, the British Expeditionary Force relied on the Canadians. Their involvement lasted from mid-October to mid-November, 1917: 100 years ago. Although the attack had been well-planned, torrential rains had turned the battlefield to mud.

Rifles jammed and men and horses were sucked into the deep, stinking earth. More than 15,600 Canadians died by the time Passchendaele was captured. (Overall, British forces lost 275,000 troops there)

troops there.)
Many men from
Haliburton County
fought in the First
World War in the
109th and 252nd
Battalions, which

departed for Europe in 1916 and 1917. The Haliburton Highlands Museum has helped to preserve artifacts from that time, including photos that they share with the community. (See page 7.)

"[They] served bravely at the Somme, Vimy Ridge, Passchendaele, Amiens, Lens and elsewhere," Kate Butler, director of the museum wrote in a piece for the Echo in 2014.

"The way that these place names have echoed down to us a century later is a tribute to the horrors that those who served witnessed and the way they changed how people saw warfare and the world."



Fog on Head Lake

by Darren Lum

Normal is a setting on the dryer

LAURIE JONES

Special to the Echo

INVITED MYSELF onto Phylis Baker's Canoe FM morning show ∟last week to chat about Rails End Gallery's latest exhibition. Having talked with Phylis at the Volunteer and Wellness Fair the week before, I knew she would be open to a conversation about the expressive arts and mental health. I was eager to spread the word about a gem of an exhibition, presented in conjunction with Haliburton Highlands Mental Health Services. I arrived early for our interview so we had a few moments before she hit the on-air button to catch up. We kibitzed about postmenopausal memory lapses and those pesky microphone jacks.

Then, the music stopped and all of a sudden we were live on air!

"Hi everyone, I'm Phylis Baker and you are listening to 100.9 Canoe FM volunteer radio in the Haliburton Highlands. It is 9:45 a.m. and I am here with Laurie, from Rails End Gallery who's here to talk about their latest show called ..."

I gingerly drew the microphone to my lips, and said "The exhibition is called "Doors: [pause] Out of Our Minds! [shouting "Out of Our Minds" for emphasis], to which I added "If you were not awake yet, you are now."

A lively start to an interview about the debut of a new group of artists in our community who are part of Art-Making for The Health of It, inspired by Visible Voices Art Studio and backed by Haliburton Highlands Mental Health Services. Their studio is in the basement of the plaza next to Dollo's Foodland. They meet weekly to work on independent and collaborative projects under the guidance of Fay Wilkinson, an expressive arts practitioner and the driving force behind Visible Voices Arts Studio.

I believe there is a place for art-making in everyone's life, especially the lives of our brothers and sisters who struggle to fit into society's standard definition of "normal," and experience debilitating feelings of isola-

tion, anguish and anxiety as a result of being labelled weird, mental, nuts, eccentric, crazy or artistic types. I am accustomed to being told my ideas are out there, half baked: that I am undisciplined, scattered or unrealistic. I can deal with that most of the time. To anyone who tells me I am not normal I say, "normal is a setting on the dryer" and I shut the door. Still, I have closed many doors just to fit in. So, naturally, I identified and leapt at the opportunity to work with Fay and the Art-making for the Health of It on "Doors: Out of Our Minds!"

As it turns out, the collection of works that make up Doors: Our of Our Minds! demonstrate a rare level of vulnerability on the part of the participating artists. They not only trusted me to present their work at Rails End Gallery for two weeks, but trusted themselves enough to throw their doors open and welcome the community in. Their authentic and artful representations of fear, faith, misery, hope, happiness, passion, playfulness, devotion, demons, loss, hope and self reflection touched me deeply. Here was a group of individuals who managed to infuse Rails End Gallery's exhibition space with the aforementioned emotions and, whaddyaknow, out popped LOVE. Any one of the 75 plus community members at the opening reception can tell you it was beautiful. I felt humbled to be in the presence of a group of unschooled, unaffected artists who put themselves out there for all to see; as equals on life's journey. And to Fay Wilkinson, along with Visible Voices Arts Studio who opened that door to us all.

P.S. Friends who heard the interview with Phylis Baker were quick to let me know that my mike was off for the first part of the interview – so my emphatic announcement went un-heard. Doors: Out of Our Minds! will blow your mind. Get there before Nov. 19. Rails End Gallery is open Wednesday to Saturday, 11 a.m. to 5 p.m. and Sunday from 12 to 3 p.m.

Laurie Jones is the curator and executive director, Rails End Gallery and Arts Centre.

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points of view

A guide to understanding deer talk

THE GREAT THING about the deer season is that, in one way or another, everyone gets to participate either as a hunter or as a person who gets cornered by a hunter who is looking to tell a hunting story.

The problem, as I see it, is that every hunter in the province is well-trained and must pass courses to go out there and chase deer. Those who do not hunt, however, are typically left to their own devices.

There are all sorts of misunderstandings about the stories that are passed along – and as a result, there is an unrealistic impression of what a deer hunt is all about.

With that in mind, here is a beginner's guide to understanding what a deer hunter is actually trying to say.

I'll deal with the most common statements first.

We shot three deer: This is a roundabout way of admitting, "I didn't shoot any." Whenever a hunter shoots a deer, he or she will immediately say something like, "I shot one deer and

the others got two more." Then the hunter will quickly reach for his or her cellphone to show you the pho-



steve galea

So? Did you get your deer?: This means "You are about to hear the story of how I got my deer." And, immediately after, or perhaps even during your response, that person will break into the long heroic tale about how the glorious deer he or she tagged was taken.

I saw a deer but decided to let it pass: This is deer hunter speak for, "A deer ran by me while I was playing Angry Birds.

I chose not to shoot: Could either mean "My rifle was

unloaded" or "My trigger lock was on and I left the key at camp" or "I couldn't find the safety."

I'm not a trophy hunter: The person who utters these words is about to tell you about the small buck or doe he or she tagged.

I made a nice shot and took one at 300: Unless that hunter specifically adds yards or metres to the end of that sentence, they are referring to inches or centimetres.

We saw a real nice buck in the field and the new guy had never shot a deer before, so I let him have the shot...: When you hear a sentence end like this, it's only because it's too painful for the hunter who is uttering it to complete. If he or she was able to continue, he or she would add...."but I was hoping he'd miss." The telltale clue is the watery eyes and

I spent each morning quiet as a church mouse: This roughly translates to "I had a real good nap every morning." I prefer not to hunt out of tree stands: This translates to "I'm terrified of heights."

We don't care if we shoot anything. It's all about the camaraderie: We didn't see any so we played cards.

I had one good chance but my scope was knocked out of alignment: This is a common story but what the hunter doesn't say is that this happened after he missed three consecutive shots at a nice buck at 10 paces.

We all brought our kids along to pass on the tradition: This really means "Everyone else has already heard our stories" or "We need people with strong young backs to drag out our deer."

I explored a lot of new country: This typically translates to, "I still don't know how to use my @#\$! GPS."

We had good chases every day!: They leave out "but eventually we caught the hounds."

I took the opportunity to show the new guy how to field dress a deer: This means, "I didn't want to get any blood on my new hunting shirt."

I pushed a nice buck to the next guy in line: I yelped when it scared the heck out of me as it ran by.

There, now maybe we can all understand each other a little better.



pic of the past

embers of the 109th Battalion, First World War, in front of Haliburton's town hall. /Photo courtesy of the Haliburton Highlands Museum

letters to the editor

Central calendar needed

To the Editor,

Re: editorial, Haliburton Echo, Oct. 31, "Is there too much to do?"

I have been saying this for years. Too many events on the same night or even on the same

Most people cannot support everything! The town/county needs a co-ordinator to have the big schedule to eliminate over booking.

> Wendy Vermeersch Haliburton

This poppy symbolizes.

This morning I reached down and took hold of the Remembrance Day poppy that I had picked up from the army fellow sitting outside at the West Guilford Shopping Centre the day before. I always donate for at least one poppy every year, as a sort of duty, but I had felt a bit awkward this year, as the man looked cold and tired. I didn't really know what to say to him other than how it was a chilly day to be spending outside.

The next day, as I looked at the poppy sitting there on my kitchen table, I felt moved to pick it up and really study it. I suddenly got this feeling of connecting, which I don't remember ever hav-

I was thinking about what the poppy sym-

bolized: thankfulness and respect for those who served in the armed forces on our behalf.

I started thinking about the fact that my mom and dad were teenagers during the Second World War. They lived in Liverpool, England and survived the Blitz. My dad was in the Home Guard and my mom was in the Women's Auxiliary. My dad was an apprenticed mechanical engineer and worked on the warships that came into Liverpool Harbour, ducking bombs as he made his way home every night. My mom worked sewing army uniforms. They worked amidst the war, but not in the armed forces

But then, I thought about my grandfathers.

see page 13

Boonieville







We Remember

Readers remember loved ones who served over the years.

First World War soldiers Joseph and Jack Graham. Back row, second and third men from the right. Submitted by Marg Swanton









Albert Edward Carpenter was born Oct. 26, 1881. He was in two major conflicts: the African Boer War and the First World War.



From left, George Simmons, Pearl (Woermke) married to Frederick Simmons, Frederick Simmons and Grace (Hancock) married to George Simmons. George and Frederick signed up together. George's son, Fred, was two years old before he saw his dad. This photo was taken in 1942. Submitted by Carol Simmons



Dorothy Olive Simson (nee Stephenson) was from Leeds, England. She served 1940-1942. Private, London, England, as a Gun Projector. Submitted by Jane Frigault



Fredrick Griffin immigrated 1922, summered at their Highland Trail Lodge on Salerno Lake in Irondale. He was a war correspondent and reporter for the Toronto Star. He was a veteran of Sicily and Italy as well as Northwest Europe.





Sgt. Frank J. Davenport, British Royal Army Service Corps 1943-1948, served in England, India and Japan. The war was over in 1945 and Frank was stationed in Japan with the Army of Occupation until 1948 and then went to the United States and has been a landed immigrant in Canada since 1977. He had his 92nd birthday Oct. 8. Submitted by Eleanor



Joe McNamara joined the airforce in September of 1942 and was stationed with the Eastern Air Command in P.E.I. during the Second World War. He was an airframe mechanic in the service. He now resides in Kinmount and is a past president and life member of John McGrath Branch 441 Legion Kinmount. Submitted by Cathy King









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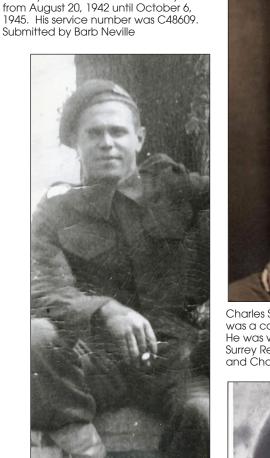
Frank Madill was born in Macgregor, Manitoba but the family moved back to Gooderham in 1929 and then to Eagle Lake. Frank was a gunner with the Royal Canadian Horse Artillery from August 20, 1942 until October 6, 1945. His service number was C48609.



F/O Murray Edward (Pappy) Linkert from Hamilton volunteered and served almost 10 years in the RCAF as a pilot. He was a flight instructor for the British Commonwealth Air Training Plan stationed on various bases in Canada during the Second World War, was awarded the Air Force Cross, and for four years flew the low level aerobatics demonstrations for Air Force Day at the Mount Hope base. His home was in Wilberforce from 1956 until his passing in 2009. Submitted by Janet Barker



Uniformed men: standing, Dick Hilyer of Minden, squatting on the left George Simmons. Submitted by Carol Simmons



Ed Rhynold, Canadian Army Gunner, Badge #576461, Second World War



Charles Slade served in the British Army and was a combat veteran from 1939 to 1946. He was with B Company, 2nd Battalion East Surrey Regiment. Submitted by Chuck Slade





Benjamin Bird was from Haliburton, but moved to Alberta where he enlisted in the 49th Battalion of the Canadian Infantry, Alberta Regiment. He was a private in the army. He was killed in action on Sept. 15, 1916.



Clifford Dawson of Maple Lake joined the Royal Canadian Airforce in June of 1941 serving in England, North Africa and Northern Ireland. He was presented with the Legion Meritorious Service Award in 1991. Submitted by Arthur Dawson









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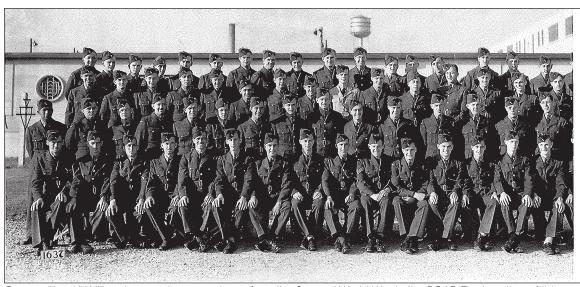
Clifford Godwin and Vera Godwin. Clifford Godwin was born in Port Hope, Ont., in 1914. Leading Aircraftsman in the RCAF during the Second World War. Cliff taught high school in Minden and Haliburton from 1948 to 1956. Vera Godwin was born near Colborne, Ont., in 1919. She spent the years from 1941 to 1945 in Toronto making wings for Magauita Rombors. Photo as immitted by Matter Pagasa. for Mosquito Bombers. Photo submitted by Kathy Rogers

William Allen Rogers was born in Minden on Sept. 15, 1922. **Gunner Rogers** enlisted in the Canadian army on his 20th birthday in 1942. Served in Sicily and Italy with the 18th Battery of the 2nd Medium Regiment until March 1945 then proceeded with his Regiment into Belgium and Holland until May 1945. Photo submitted by Curtis Rogers and Fraser Rogers

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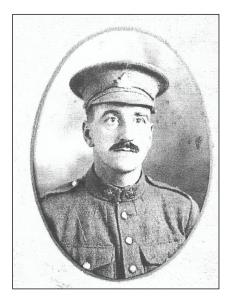


Our Veterans



George "Larry" William Larwood was a veteran from the Second World War in the RCAF. The location of this photo is not known. It is marked 1947. He was born in Hamilton and lived in Toronto after the war until he passed away May 7, 2011. He did not speak about the war very much. He is second on the end on the left hand side, third row back. Submitted by Judy and Keith Hardy

Leonard Thomas Godwin was born in Postsmouth, England in 1886. **Enlisted** in Port Hope, Ont., in 1916 in the 87th Battalion, Cdn Infantry (Manitoba Regiment) Army. Killed át Vimy Ridge, died April 1917 and is buried in France. Photo submitted by Carol McLeod.





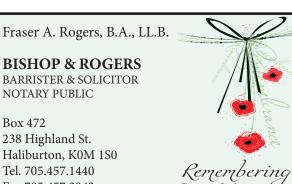
William George "Bill" Austin was born in Kinmount. He served as a pilot during the Second World War in the Winnipeg Bears Squadron of the RCAF. Submitted by Gail Leach-Wunker



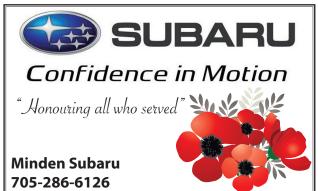
Mervin Leroy Harrison was born in Maple Lake, Haliburton on Nov. 23, 1923. He was killed in action Nov. 1, 1944, at the age of 20. Mervin was with the Royal Highland Regiment of Canada (The Black Watch). He is resting at the Canadian War Cemetery in Bergen-Op-Zoom, The Netherlands, Section 12 Row A Grave 2. Submitted by Val Balaski



Sergeant S.G. (Sinclair) Nesbitt Argyle and Sutherland Highlands Second World War Submitted by Wendy Connelly









Michael Joseph Skalin (Oct. 18, 1924/April 4, 2014) He was a veteran of the Second World War. Michael Skalin was in the Canadian Army, Perth Regiment, 1st Canadian Parachute Battalion. His service was from November 1942 until March 1946. He was in Italy, France, Germany and Holland. He was a proud member of the Wilberforce Branch 624 Legion. Submitted by Jane Welborn

William Kenneth Beamish served in Europe with the Tank Division, Second World War (1941-1945). Submitted by Tina Beamish





Private Robert Edgar Barry



Wesley Orne Stata (1914-1997) served in the Second World War in the 16th Field Co., 3rd Division, Royal Canadian Engineers. Photo submitted by Ev Stata

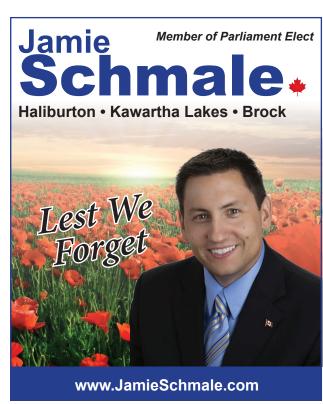




Above, Peter Hone served with the British with the British
Royal Navy in the
Second World
War. He was born
in England and
his family settled
in Algonquin
Highlands. Peter
lived in Hamilton.
Photo submitted Photo submitted by Melanie Holjak

Left, Frederick Henry Simson was born in Burnham, England. He enlisted Sept. 18, 1936 - July 12, 1946 Unit: Royal Artillery SL, Fitter Gun All. He served as both a territorial and wartime soldier. Passed both vehicle and gun fitter certification. Submitted by Jane Frigault











Jean Farrell was part of the Women's Auxiliary Air Force (WAAF). Her hometown was Wellington, Shropshire, England. Longtime resident of Gelert and Minden, she currently resides in Hyland Crest. Jean was a transport driver. Her job was delivering bombs and armaments from the warehouse to the departing fighters and bombers. She served 1942-1945. Submitted by George Farrell



Stanley Charles Farrell, Warrant Officer, Royal Air Force. His hometown was Worcester, England. Longtime resident of Gelert and Minden, he currently resides in Hyland Crest. Years of service: 1940-1945. Stanley served as a wireless operator on military VIP flights in the Middle East and North Africa. Submitted by George Farrell



Charles Neville was born in London, England but moved to Canada in 1910. When the First World War broke out he returned to England and enlisted in the Royal Irish Regiment on September 9, 1914. He was injured in the Battle of Ypres and served in Gallipoli. He returned to Canada in 1919. Submitted by Barb Neville



John McGuire was born and raised in Haliburton. He enlisted at Peterborough, L.M.G. & Mortar. November of 1941 Qual Dr Mech GP "C". In May 1942 he was L/ CPL. In October of 1942 he was TPR & Gunner. January of 1943 CL II Rifle. He was awarded the 1939 - 1945 Star. John served in Italy. After being discharged from the army, he lived and worked in Toronto, and raised a family of four children. John and his wife, Gladys, are both buried in Evergreen Cemetery, Haliburton. Submitted by Jackie McGuire Murray and Deloris Sawyer

Remembrance Day **Services**

Haliburton Legion:

Remembrance Day Service at 10 a.m. on Saturday, Nov. 11 in the Legion Main Hall. Wreath Ceremony* at 10:45 a.m. at the cenotaph on Highland Street. Remembrance Day lunch at noon in the Legion Club Room. Remembrance Day dinner in the Main Hall doors open at 5 p.m./dinner at 6 p.m. – tickets are \$20 per person.

*Anyone wishing to lay a wreath at the ceremony in remembrance of a loved one, can contact the branch at 705-457-2571.

Minden Legion:

Remembrance Day Service at the county cairn, downtown Minden in the Village Green next to the CIBC on Saturday, Nov. 11, starting at 10:45 a.m.

Following the service, a light lunch will be available at the Minden branch. Those who would like to lay a

wreath at the ceremony in remembrance of a loved one, can contact the branch at 705-286-4541.

Wilberforce Legion:

Douglas C. Hatch, Branch 624 of the Royal Canadian Legion, Wilberforce will be holding our Remembrance Day Service at the cenotaph adjacent to the Lloyd Watson Centre commencing at 10:45 a.m. on Saturday, Nov.

Following the service and laying of the wreaths a lunch put on by the Ladies Auxiliary will follow at the branch – by donation.

Kinmount Legion:

Services at the cenotaph Saturday, Nov. 11, 11 a.m. in Kinmount and 2 p.m. in Gooderham.



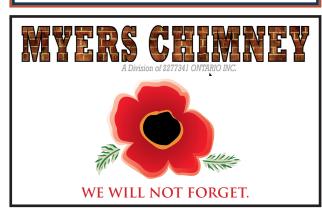




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Margorie Robertson, nee Fletcher, was in the Air Force in the Second World War.





Mel Robertson, Second World War Navy.



Russell Neville was Gunner, 45th Battery, 7th Field Regiment, Royal Canadian Artillery. Enlisted in Lindsay, Sept. 7, 1939 and served until July 1945 in Britain, France, Holland and Germany. Submitted by Sherida Sibley



by Anne and Steve Dunec



Symbol becomes reality

from page 7

My maternal grandfather and his brother served in the British army during the war in India. My great uncle never came home. He gave his life. My grandfather came home, but suffered a neurological disease as a result, and died when I

was three or four years old.

My paternal grandfather and his son, my father's older brother, were both career British army men. Both were fairly high up in rank by the time they retired, I remembered. I suddenly realized that while my father was a teenager in the war, his father and his brother were in the army fighting the

And then it struck me: "I come from an army family! "
In fact, I come from an army family on both sides of my
heritage! I had never really put all those connections together

And this poppy in my hand suddenly became a symbol of something that had affected me personally. The "symbol" had become a reality for me. I stood, entranced for a moment in that knowledge and those memories. Am I an army brat? Maybe I am.

Shirley Barker West **Guilford**

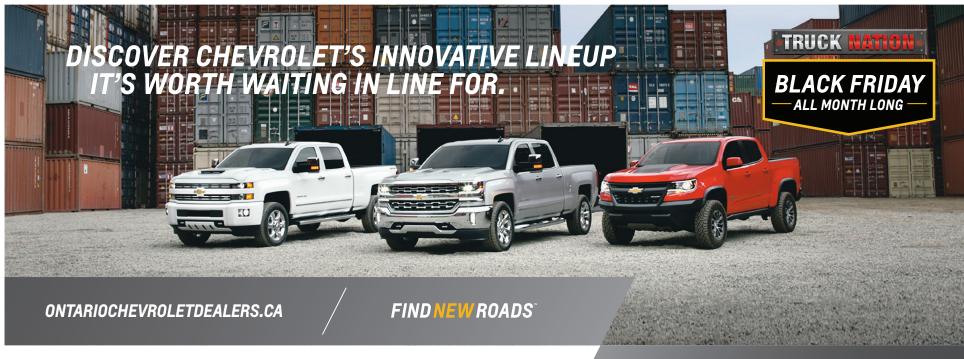


Merrill George Bailey joined the RCAF in December 1940. After training in Canada and England on Wellington Bombers and later Stirling Bombers, bombing missions

started in March 1942. On July 1, 1942 on his 20th mission he was shot down and crashed into the North Sea and was taken prisoner. Merrill was in a POW camp in Silesia until January 1945 when the POWs started on a long march across Germany ending in early May at war's end. Submitted by Sherida Sibley



P.V. Fletcher, First and Second World War air force.



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Highlands East declares a mayor

Staff Reporter

The following are brief reports of items discussed at the Nov. 1 meeting of Highlands East council.

Highlands East joined the rest of the county in adopting the mayor moniker after an online poll weighed in favour of changing the head of council titles reeve and deputy-reeve to mayor and deputy-

"Thank you, council," said now-Mayor Dave Burton, who had previously said the reeve title was confusing to people who didn't know what it was, but that whether he serve as reeve or mayor didn't matter to him. "That one's put to bed."

Since Algonquin Highlands led the title change charge last July, Minden Hills and Dysart et al councils had both opted to make the switch. Before making the decision, Highlands East council put the option out to the public in an online poll. The poll received 101 responses between Oct. 6 and Oct. 23, with 53 per cent of polltakers – or 54 people – agreeing with the mayor and deputy-mayor titles.

"What the public wants, the public gets," said Councillor Cec Ryall.

The title change becomes effective immediately.

Tower process continues

Proponents for an antenna system at 27228 Hwy 28 near Paudash Lake received one written response to correspondence sent to 48 landowners within 500 metres of the proposed site of the tower.

Representatives from Peterborough Solar Projects Corporation, owned by Peterborough Utilities Inc., corresponded with the respondent, who was looking for further information regarding the tower siting pro-

"We have currently engaged our contractor to complete detailed design for this project and finalize requirements with Industry Canada," Paul Ernsting, project manager at Peterborough Utilities Inc. told the Echo. "Construction is anticipated to begin this winter, with the antenna erected in the spring of 2018."

Building permits surpass 200

Building permits issued in Highlands East have resulted in almost \$10-million worth of construction in

"Last year was an exceptional year with the number of permits we had, so we're a little bit less this year with the number of permits, but as of today we've gone over 200 permits, which is something in and of itself," said Laurie Devolin, chief building official.

Since 2002, 2016 marked the year in which the most building permits - 247 in total - were issued. Prior to last year, the 200-mark was last surpassed in 2010 when 201 permits were issued.

"So it has been a very busy summer," said Devolin.

Ammonia alarms requested

Updated critical alarm monitoring systems are being discussed for Cardiff Water Works and the Keith Tallman Memorial Arena.

"We have an existing system, it's outdated," said Stewart Hurd, environmental supervisor, of the Cardiff Water Works system. "It does function at this time, but based on the age, the functionality and how important it is I'd like to recommend that we replace the existing system."

Installation of a new system would cost \$2,500 and \$50 per month for monitoring.

Jim Alden, property supervisor, cited the ammonia leak that led to fatalities at an arena in British Columbia when noting the arena's system works, but could

"It is calibrated twice a year, technically it only needs to be done once a year ... We just want to upgrade it so that we can have a quicker response so something like this doesn't happen like what happened out in B.C.," he said.

Fire department receives donation via online fundraiser

Highlands East Fire Department is deciding what to do with thousands of dollars received from a GoFundMe campaign.

The fundraising effort was launched by Kris Guyton, a former firefighter in Wilberforce, after the death of Bob Bell in a snowmobile accident on Feb. 18 this

"The thought of my family, friends and community members being protected by a group of amazing volunteers is something that never leaves my mind being a firefighter myself," wrote Guyton in the online campaign. "So, with the purchasing of much-needed resources, the goal is to lessen my fear and be able to save precious lives in the future."

Funds raised will help support the purchase of equipment and further training for local firefighters.

Volvo truck proving difficult to sell

A 2004 Volvo with dump sander body, plow and wing that the municipality was trying to sell for \$22,000 on Kijiji will be offered for a lower price and spend two more weeks on the online classifieds site before being taken to auction.

"We advertised it, no bids," said Earl Covert, roads superintendent. "So what we have done is put it on

Covert said there was no interest in the truck after two weeks, so he was looking to council to decide what to do next. The auction option was the last resort coucto sell the truck before winter, when it would have to sit until spring, according to Covert, and was not ideal because a sale price couldn't be guaranteed.

"Because you take it to the auction, you gotta take

what you get," he said.

Councillors decided to leave the truck online for an additional two weeks at a reduced price of \$20,000.





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Exhibit opens doors to our minds

JENN WATT

Editor

Yasmin Schoenke moved through the clusters of onlookers at the Rails End Gallery on Friday afternoon, iPad in hand, a smile on her face. Walking from one artwork to the next, she paused in awe, sometimes moving the tablet computer in front of her face to snap a photo

"Oh! This one's me!" she said, pointing to a drawing of a woman's face on the far wall.

Schoenke is one of the artists featured in the two-week exhibition at the gallery, Doors: Out of Our Minds!, created in partnership with HHHS Mental Health Services and Visible Voices. Until Nov. 19, gallery visitors can look at the work created by the Art-Making for the Health of It! group, which includes drawings, paintings, collage, poetry and interactive components.

The group meets every Thursday at the Mental Health Services building in Minden, where there is a dedicated

space for art supplies open to everyone.
"I yearn for Thursday to come," says Schoenke. "It's a

The program has given her a new way to express herself, a group of friends to meet with and a supportive environment that fosters good mental health.

"I thrive to go to the classes. When you're having a bad day, you feel 'ahhhhhh,'" she says, dropping her shoulders and widening her smile. And if you're feeling depressed or anxious, counsellors are just across the hall-

The group has been meeting for 18 months, says Fay Wilkinson, co-ordinator of the program. "We have this incredible core group who come week after week," she says, standing in front of the audience gathered for the opening reception on Nov. 3. "I must say I'm so proud how people have grown and blossomed in that environment where we stress no judgment; where we stress sim-

ply be yourself, wherever you are today is OK."
Haliburton Highlands Mental Health Services director Dave Jarvis says this kind of group is not therapy, but sets the stage for further discussion and can provide

"It provides a cathartic experience," he says, looking at a drawing of a woman's face on one of the walls. Trees grow out of the scalp of the woman's head and above her is the word "bipolar." One side of the face is shaded in green and blue like water and leaves, the other is red and orange, her cheekbone shaded in black.

An image like this could provide a starting point for conversation, Jarvis says.

Beth Crarey sits underneath one of her works at the gallery. It has a Remembrance Day theme with poppies

and two hands traced on the page.

The group allows you to draw "whatever pops in your



Margaret Burrows, right, shows her friends some pages of a book of art she created at the Art-Making for the Health of It! program. An exhibit of the group's work, Doors: Out of Our Minds!, is on now at the Rails End Gallery in Haliburton until Nov. 19. /JENN WATT Staff

Fay Wilkinson, organizer of the Art-Making for the Health of It! group at Haliburton Highlands Mental Health Services, smiles as Laurie Jones speaks beside her at the opening of Doors: Out of Our Minds! at Rails End Gallery on Nov. 3. The show is on until Nov. 19.



head," she says.

Margaret Burrows has a scrapbook in the exhibition, which tells the story of moving from despair to hope through her religious faith. She says she's not an artist, but wanted to share a dream she had as an eight-yearold with references to Jacob's Ladder, the connection between heaven and earth.

"It's a way of expressing how I feel about life and give hope to people," she says.

For those visiting the exhibition over the next two weeks, there is an art station set up with colouring supplies and small folded doors made of white paper. Since the theme is doors, everyone is invited to add to the display by creating their own doors and hanging them up on a designated line.

You can view Doors: Out of Our Minds! at the Rails End Gallery until Sunday, Nov. 19. The Art-Making for the Health of It! group meets Thursdays at Haliburton Highlands Mental Health Centre in Minden. Mental Health Services can be contacted at 705-286-4575.

Big weekend of HIFF celebrates the small story

SUE TIFFIN

Staff Reporter

Film lovers flowed from the foyer of the Northern Lights Performing Arts Pavilion into the theatre in anticipation of the 11th annual Haliburton International Film Festival (HIFF) on Nov. 3.

Seven feature films were presented to the audience of almost 200 people who bought a HIFF pass for the Nov. 3, 4 and 5 weekend-long event, organized by Those Other Movies

This year's films, representing the Stories in Motion theme, included Les Mauvaises Herbes (Bad Seeds) from Quebec, The Salesman (Forushande) from Iran, I, Daniel Blake from the U.K. and A Swingers Weekend from Ontario, which brought writer and director Jon E. Cohen and screenwriter Nicola Sammeroff for a question and

"They're all small stories," organizer Tammy Rea told the audience. "No one is curing cancer, no one is Nelson Mandela, but they are stories that tell how people influence people. They're the stories we're telling over and over in different ways.

HIFF featured dance shorts before each film, and closed with a live performance of Pakistani Sugar, a new work written by local playwright Brigitte Gall, which received a standing ovation.



Haliburton International Film Festival opened to an almostpacked house on Nov. 3 at the Northern Lights Performing Arts Pavillion. The 11th annual event showcased films from around the world, as well as dance and live theatre./SUE TIFFIN Staff

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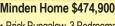




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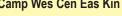
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Winning in sport and in life

DARREN LUM

Staff Reporter

Red Hawks cross-country coach Russ Duhaime couldn't be prouder of his runners Isaac Little and younger cousin Alex.

They are strong runners, and great people, he said. "They're really young adults. Both of these guys. They're high quality athletes. Kids that I love to coach. They support each other a great deal and challenge each other too, which is a big deal," he said.

During COSSA when Isaac learned his cousin had earned a trip to OFSAA in the race before his, it drove him to make the all-provincials. The last time a Hawks runner competed at OFSAA was in 2004 when Sean Keaney finished 90th in a field of more than 200.

Isaac said he had a poor start, attributed to slipping at

The slip put him in 15th place in the first kilometre. After the first kilometre, he began to reel in runners as fatigue set in for his competitors. When he recognized a runner who made it to OFSAA last year he used him for

"I just knew I wanted to beat him and catch him so within the last two kilometres of the race I ended up passing him and finished in eighth position – fifth individual – to qualify for the last individual position," he

His expectations for OFSAA are realistic, he said. Many of these runners only train to run competitively. He hopes to finish in the top third of the field, which could be as high as 300 runners.

Isaac, a competitor from last year, said the large team this year was a definite advantage as they provided support and motivation.

Alex laughed about not wanting to go to OFSAA alone when he first learned he was going. The pair said they are looking forward to sharing this experience. Duhaime points out a shoulder injury kept Alex from participating in the invitationals. However, as proof of his character, Alex maintained his fitness to be ready for Kawartha.

Alex made sure to credit the team for making him feel comfortable and he is proud about earning his first allprovincial trip on his first high school team.

"Teammates really helped me – first year in high school. [The teammates] really pushed. The coaching was really great," he said.

Alex admits he missed the first team tryout, but with the large team there was "enough noise" that it alerted him to the opportunity to compete in cross country.

In the COSSA race Alex looked for competitors who beat him at Kawartha and made sure to stay with them. He wasn't able to pass them, but stayed within striking distance and finished fifth.

Just like the running strategy, his expectations are similar to his older cousin's.

"I just want to finish the race and be happy with how I run, trying my best," he said, grinning.

Isaac thanked his coaches Russ Duhaime and Kyra

Cockwell, and consultant Catherine Andress. After a brief hiatus for the cross country team, Duhaime resurrected the team last year, Isaac said.

"It was really great because all throughout elementary school and [middle] school I did cross-country and loved it, but I was told there wouldn't be a team [at HHSS]. To have coach Duhaime start up a team for us is just awe-



Isaac Little, left, and Alex Little represented the Red Hawks at the all-provincials this past Saturday in Petawawa. Despite their individual successes this season, the cousins were appreciative of their coaches and their teammates for the support and help they received. /DARREN LUM Staff

some and having coach Cockwell come out ... she volunteered her time. She never missed a practice. She was here every time. Every morning. It was fantastic," he said. "Both our coaches really pushed us. Also, [Catherine] Andress as well. She came out to almost every practice if not every practice. It was encouraging to have adults come out and support us and really push us to be

our best."

Duhaime will retire from teaching after this year and so getting to see two of his runners go to the top meant a lot to him. Their all-provincial berths is proof that effort

"It shows that hard work really pays off," he said.

Boys volleyball season complete

The junior boys volleyball team wrapped up their first season in recent memory last week at Brock High School

They competed for the single A Kawartha Championship and a birth to single A COSSA against rivals St.Thomas Aquinas Catholic School and Brock High School. The boys were outmatched this season against the more experienced competition, but were able to hold their own against teams that played their second string or less experienced players (Grade 9s). The boys lost their

first match against Brock, but improved as the match went on and built momentum.

Although they lost their second match against St. Thomas, the score of the second set was encouraging with a 20-25 loss.

Coach Mike Gaffney and coach Brett Caputo are looking forward to what next season and building on the foundation that was formed with this year's team.

Artist of the Week Auction!

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Keep listening to Canoe FM and checking out Auction Portal. Artists of the Week is a new fundraising partnership from Canoe FM. For more information on the artists and how to bid on these auction packages go to www.canoefm.com.

minor hockey

Peewee girls win one, lose one

The Peewee girls had two games on the road this past weekend. The first game the girls won 8-1 against Keene. Goals went to Hudder (3), Dexter (2), Jenkins (2), and Bill-

Sunday the girls were back to Peterborough to play the Ice Kats. In a close game the Ice Kats won 2-1. The lone goal was scored by Hudder.

This weekend the girls play at home Saturday at 12:30 against Ennismore and Sunday at 4:30 against the Peterborough.

Submitted by Tracy Coe

Girls beat out Wolverines

The Bancroft IDA/Red Eagle Campground girls Midget Jets scored a win and a tie over the weekend with two away games. Saturday's game against Otonabee Wolverines was fast-paced and finished with a 2-2 tie. Jules Croskery and Katie Funk were the goal scorers assisted by Gabby Burnett. On Sunday, the West Northumberland Wilds opened the scoring in the first period and had the girls battle back scoring three goals. The Jets may have had a few more scoring chances but couldn't connect. Goal scorers for the 3-1 win were Olivia Martin, Gabby Burnett and Katie Funk. Chloe Burnett picked up the win between the pipes.

Submitted by Lysane Burnett

Bantam girls continue winning streak

The Canadian Tire/Parkview Dental Bantam girls Jets team's hard work at practices is paying off and their efforts are evident in their display of skills ranging from positional play to defensive control.

This past Thursday, the Jets travelled to Otonabee to play the Keene Wolverines. The final result was Jets 5, Wolverines 0.

Haley Goulet scored the first of the game, with a pass from Ryan Rupnow. Emma Tidey followed in the second period assisted by Trista Young. The third period saw the Jets add three more goals. Rupnow, unassisted, found an opening over the right shoulder of Keene's goalie. Shortly after, Hannah McMann skated her way through the opposing defence, unassisted, scored. The final goal of the game was scored by Jaylin Frost. She received a pass from teammate Beth Brownlee.

Saturday, they headed to Lakefield to face the Ennismore Eagles. Gillian Rosik started off the Jets' scoring streak and scored her first goal of the season, assisted by Emma Tidey. Kennedy Croskery, assisted by McMann, found an opening in the net, making it a 2-0 game at the end of the first. The second period remained scoreless. Scoring for the team were Croskery, assisted by Tidey, and Goulet, assisted by Croskery. The final goal of the game and her first of the season, was scored by Young. The Jets took the win 5-0.

Sunday, on home ice, the team played another game against Keene. The Jets outskated and out-shot the Wolverines winning the game 9-2. Scoring singles for the Jets were Rupnow, unassisted, Rosik, and Brownlee. Tidey added two, and McMann finished the game with a hat trick and a spare, scoring four goals in total. Assists went to Rosik, Croskery, Young, Avery Coens, Frost (2), and Goulet (2).

Bella Smolen displayed her excellent goaltending skills throughout the games earning two shutouts.

The Jets host the Peterborough Ice Kats this Saturday, at 3 p.m., at the NHCC and the Ennismore Eagles on Sunday, at 3 p.m. in Haliburton. Come out and cheer the girls

Submitted by Linda Goulet

Midget boys tie Lightning, win against Devils

The Highlander and Smolen Family Dentistry Midgets are back on track, after tying a game with Mariposa Lightning Oct. 31 and winning the next couple of games against the Almaguin Ice Devils on Nov. 2 and the Elmvale Coyotes on Nov. 3, in 6-1, 6-2 games. After the Cody Hodgson tournament, the team had three mid-week games that began with great head-to-head action against the Marioposa Lightning. Give and go, end to end action ended in their first 4-4 tie. Next games were a great demonstration of team cohesiveness and skill. As with the game against Almaguin, Josh Boice and Owen Smith had two goals, Lucas Haedicke and Nigel Smith pick up a goal each.

Assisting the goals are Jacob Haedicke, the goal scorers and the team. The next game against the Elmvale Coyotes had Jacob Haedicke, Owen Patterson-Smith, Devyn Prentice and Owen Gilbert with a goal each and Josh Boice for two goals. Assists from Shawn Walker, Owen Smith and Nolan Flood with contributions from the entire team. Special mention to the goalkeepers, Parker Smolen and Carson Sisson. The team sit confidently with both goaltenders in place. Come out and cheer on the Highland Storm Midgets as they take on the Elmvale Coyotes on Nov. 10 at 8:30 p.m. in Minden.

Submitted by Suzanne Haedicke

Impressive tournament play by Bantam A's

The Highland Storm Pepper Mill Steak and Pasta House Dollo's Foodland Bantam A team travelled to Millbrook Friday evening for a weekend tournament. Their first game was against tournament host Mill-brook Stars. The Stars got on the scoreboard with a pass that caught goalie Nate Miscio off guard. Miscio made a highlight save early in the second when the puck rolled up over his shoulder and he had to reach back to keep the Stars from jumping ahead by two. After continued pressure, Jake Sisson found the back of the net to make it 1-1. Brendan Coumbs made it 2-1 Storm in the second period rushing down the right side boards and scoring on a high wristshot. Both teams played exciting hockey in the third but neither would score giving the Highland Storm a 2-1 win in the opening game of the tournament.

Game 2 of the Millbrook tourney saw our boys take on the Stars from Wasaga Beach. Jaxon Gill opened the scoring for the Storm but Wasaga Beach came right back to tie the game at one and get their second goal off the next face-off to take the lead. Tim Turner got the Storm even with a goal crease scramble and Brendan Coumbs kept the score at 2-2 making a nice defensive play. Zach Davis got a power play goal pouncing on a rebound from a Coumbs shot on goal. Ben Landry played great as the Storm starting goalie. Wasaga Beach evened the score at three but Brendan Coumbs put the Storm back on top 4-3 just before the end of the second period.

Jake Sisson and Hunter Arnott would both score in the third period defeating the Wasaga Beach Stars 6-5.

The final game of the round robin was against the South Grenville Rangers. Scoreless going into the second period, Desi Davies stepped around a Ranger defender and scored. Aaron Bellefleur showed some strong defensive skills to keep the Storm in front as did Ty Mills. The Rangers finally found a way to get a puck past Nate Miscio, but the Storm responded quickly in the third frame with Hunter Arnott scoring to put the Storm back on top 2-1. The Rangers battled back to tie the game on the power play. The game ended in a 2-2 tie allowing the Highland Storm to go through the round robin with an impressive two wins

The Highland Storm faced off against the South Grenville Rangers in the semi-finals.

Although the Hunter Arnott would put the Storm on the scoreboard within the first minute, the Rangers would tie the game on the power play and take the lead 2-1 shortly after. The Rangers took 3-1 lead a few shifts after that. Tim Turner scored in the second period to pull the Storm within two. The Rangers popped in a couple of empty net goals for a 6-2 victory.

This writer is hoping the boys travel home with heads held high with a solid 2-1-1 record in the tournament and a remarkable improvement in their play over the past 10 days. The team next travels to Beaverton Thursday evening for an exhibition game.

Submitted by Gord Hoenow

Atom A's take on Coyotes

The Cottage Country Building Supplies/ Ridgewood Ford Highland Storm Atom A's hosted the Elmvale Coyotes on Nov. 4 at the S.G. Nesbitt arena. This was a close game. In the first period the Elmvale Coyotes scored with a two-man advantage, making the game 1-0 going into the second. During the second period, Addison Carr scored an unassisted goal, followed by a short-handed goal by the Coyotes. With less than a minute to go in the second Kadin Card passed the puck to Austin Latanville, who passed the puck up to Addison Carr who took an amazing shot and tied up the score going into the third. The third period Elmvale scored a power play goal, followed by Cheyenne Degeer making stellar pass to Brechin Johnston who took a beauty shot and tied up the game. However, with only a minute left, the Coyotes scored and the final score was 4-3. It's was a tough loss for the Highland Storm.

On Nov. 5, the Cottage Country Building Supplies/Ridgewood Ford travelled to Lindsay to face the Lindsay Muskies. Both teams were hungry for a win. The first period the Muskies scored however a few minutes later Austin Latanville made a pass to Kadin Card who passed to Addison Carr who scored for the Storm. The second period the Storm were on fire as Brechin Johnston and Cheyenne Degeer came out with two more goals and made it a 3-1 going into the third. There were lots of scoring opportunities and plenty of penalties but both goalies weren't allowing any goals making the final score 3-1 win for the Highland Storm.

The Cottage Country Building Supplies/ Ridgewood Ford Highland Storm Atom A's will be travelling to Collingwood this coming weekend to play in the Georgian Shore tournament.

Submitted by Amber Card

10-2 win for Tykes

The Tom Prentice & Sons Trucking Tykes travelled to Woodville on Oct. 27 for their first exhibition game against the Woodville Hurricanes. The Hurricanes put one on the scoreboard in the first couple minutes of play. Vanek Logan fought back with two unassisted goals, one in the first and one in the second. The Hurricanes tied up the game early in the third. With the help of Ethan DeCarlo, Logan scored his third goal of the game resulting in a 3-2 victory. Carter Braun kept the Storm in the game with his exceptional goaltending. The Tom Prentice & Sons Trucking Tykes travelled to Oakwood on Nov. 3 for their game against the Mariposa Lightning. Vanek Logan came out strong putting the Storm on the board with an early opening goal. The Lightning fought back with the second puck in the net. Jack Tomlinson scored his first goal of the season with the help of Zack Prentice and Matthew Scheffee. Logan finished out

the period with two unassisted goals. The Lightning netted an early goal in the second but the Storm came back with another of their own scored by Logan assisted by Ethan DeCarlo and Luke Gruppe. Evan Perrot added to the lead with the assistance of Easton Burk and Logan, ending the second period. Logan starting the third period out strong with an assist by DeCarlo. With passes from McCartney Saunders and Perrot, Tomlinson added to the rising score. Tomlinson and Saunders then helped Perrot get his second goal of the game. Mason Latanville ended the game with his first of the season with assists by Burk and Prentice. Final score was a 10-2 win for the Storm team. The Tyke team will be travelling to Campbellford to take on the Colts on Nov. 11 at 12:30 p.m.

Submitted by Jessica Tomlinson

Atom AE's tackle Ice Devils

The G.J Burtch Construction Highland Storm Atom AE's travelled to Sundridge on Nov. 4 to take on the Almaguin Ice Devils. Both teams were ready.

It was Wyatt Raposo that took a shot to Jace Mills who tipped it into the net for the first goal of the game. Second period the Storm players were determined and kept the scoreboard going with three more goals scored by Jace, Maclean and Isaac. The Storm players went into the third period strong. The Devils didn't even see them coming. Sims, Rowden, Lee and Raposo all scored a goal and Lee finished the game with a hat trick for the 9-3 win.

The following day the Storm players returned to Burk's Falls to take on the Almaguin Ice Devils again. Twenty-five seconds into the game the Devils scored the first and only goal of the first period. Second period, the Storm players fought back with two minutes left of the game, Evan Jones made the rush down the ice and scored putting the Storm back onto the scoreboard. It was Maclean Rowden that scored the last and final goal in the third period giving the win to the Storm of a 2-1 score. The Atom AE will be taking on the Lindsay Muskies AE team at the Minden arena on Thursday, Nov. 9, at 6 p.m.

Submitted by Lisa Reinwald

Tough game for Peewees

On Saturday, Nov. 4 the JoAnne Sharpley's Source for Sports Haliburton Family Medical Centre Peewees hosted the Elmvale Coyotes. The first period saw both teams battling hard back and forth and showed no score at the end of the first period. The Coyotes took control of the game in the second scoring three goals with the Storm trying their hardest to get back into the game. The Coyotes scored four more in the third with the game ending in a loss for the Storm.

Sunday the Storm travelled to Beaverton to face the Brock Wild. The Storm got off to an early start with putting lots of pressure on the Wild's goalie. Kyan Hall put the Storm on the board assisted by Zander Upton and Kaine Brannigan. The Storm added to their lead with a short-handed goal by Gage Hutchinson assisted by Avery Degeer. The Storm held the 2-0 lead going into the second. The Storm kept the pressure on and Hall netted another to put the Storm ahead 3-0 but the Wild scored three of their own to tie the game 3-3 going into

With the Storm playing short-handed the Wild took control and netted four more to take the game 7-3.

The Peewees' next games are Wednesday, Nov. 8 in Minden to try to even the series with the Brock Wild. On Sunday the Storm play the Huntsville Otters in Haliburton at 12:30 p.m.

Submitted by Ron Hall

Haliburton likely on its own for organic waste diversion

JENN WATT

Editor

Despite best intentions and ambitious goals, Ontario diverts just more than 60 per cent of its recyclables from the landfill and only 40 per cent of organic materials, such as fruit and vegetable waste. Looking to boost diversion, the provincial government is considering mandating food waste be diverted entirely from landfills, putting the materials to use as compost and slowing the growth of landfills.

The idea has been floated as part of the new Waste Free Ontario Act, with specific details set to be revealed

In Dysart et al, municipal councillors are skeptical that food waste could be diverted in an organized way from

"Where are you going to put it?" asked Dysart et al Reeve Murray Fearrey during council's environment and conservation committee meeting on Nov. 2.

"I don't think we can do too much with it until the province comes out with further direction," said Councillor Dennis Casey, who is chair of the committee.

In larger jurisdictions, organic waste is separated and taken to special facilities that turn the materials into nutrient-rich compost. However, there is no such facility near Haliburton County, meaning waste would need to be trucked great distances at financial and environmen-

However, the problem of organic waste is something that needs to be addressed whether residents live in urban or rural areas.

According to a recent report by the Environmental Commissioner's Office, Beyond the Blue Box, "Ontarians, like most Canadians, throw away far more waste per capita than most people on Earth. About three-quarters of that goes to landfill or incineration."

"Landfilling and incinerating waste have adverse environmental consequences. They squander valuable resources, can contaminate air and water, and generate powerful greenhouse gases that increase climate change. Incineration releases toxic pollutants into the air that can harm human health, while landfilling can release toxins into the soil and groundwater, reduce property values, and use up precious disposal capacity that is difficult and expensive to replace," the report goes on to say.

Haliburton resident Mieke Foster is a waste management specialist and has worked on several environmental projects in the Highlands over the years. She said beyond simply taking up precious space in landfills, food

MANA

Quilt raffle winner supports Haliburton's hospital

Bonnie Pimento was the lucky winner of this year's Haliburton Hospital Auxiliary quilt raffle. She purchased her ticket at the Home and Cottage Show. Janice Cook, pictured with auxiliary member Greta Larviere and raffle convener Donna Hackwood, picked up the auilt on behalf of Bonnie. The auxiliary thanks all those who purchased tickets helping to raise \$2,500 for capital equipment in our Haliburton hospital. /Submitted by Tracey Lear

waste releases greenhouse gases.

They have the most impact because when they degrade they release carbon monoxide and carbon monoxide is a lot more dangerous than carbon dioxide," she said in an interview with the Echo.

So, while banana peels in the dump may eventually shrivel to a fraction of the size they started at, in the process, they are releasing a gas known to accelerate climate

Beyond fruit and vegetable peels that cannot be avoided, much of the organic waste is actually wasted food that was never used.

Foster explained that a discarded clementine, for example, came from a far-off place from a tree that had to be planted, fertilized, cultivated and watered. Human energy is expended in picking and packing the produce, which is then shipped and trucked to a grocery store in Haliburton, using fossil fuels to get there. To throw it in the garbage at the end of that journey is missed opportunity and a waste of money and resources along the way.

The solution for the Haliburton area, Foster said, is to reduce food waste and promote composting, since it's unlikely a composting facility will be built in the region.

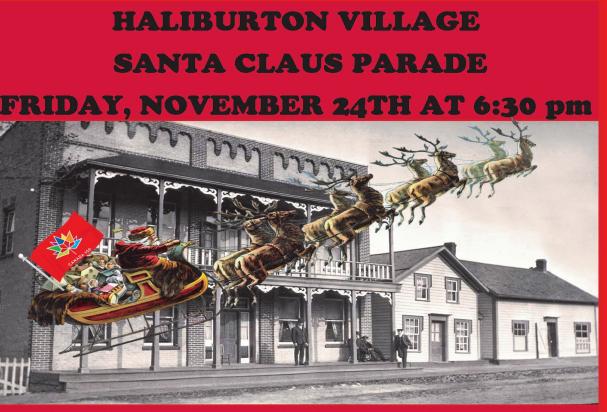
"The energy in that banana peel can break down to create a fertilizer to provide nutrients for new plants. If you throw it in the garbage, you're wasting all of that energy that was in the food that is a resource for more

Composting still releases carbon monoxide (though it's likely less than the amount emitted from a landfill), so the best practice is to only use as much food as you need. Foster said this means learning from those who came

"It's attitudes of people now that food is plentiful and you can afford to waste it, whereas during the war ... [your mother might say,] 'bread's a little bit dry, make breadcrumbs.' Those attitudes of conservation and make due with what you've got have flown out the window,"

In order to avoid the soggy back-of-the-refrigerator lettuce scenario, Foster advocates more frequent grocery shopping; buy what you know you need for the next few days rather than stocking up on produce that may never get eaten and will wilt before you're ready for it. Leftovers should be composted.

Dysart et al provides a fact sheet on its website on how to compost in black bear country. Among their tips: spread lime to reduce odour and speed decomposition; cover kitchen waste with brown materials such as newspapers or dried grass clippings; and locate compost bins away from the forest's edge or other pathways bears would use. (Many more tips on composting are available on the website: dysartetal.ca under "landfill services".)



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Danger! Topics on fire!

Maybelle's

TURE AS ol' Maybelle is getting younger with every new white hair, I can't help but stress the following: If you want to keep your friends, don't discuss politics or diet. They are two topics that are just too

It used to be just politics. And it wouldn't take long to sniff out your friend's political views, don'tcha know, to see if you were in sync or about to squash each other's face in a grapefruit. A sweet grapefruit, of course, them being your friends and all.

Now, not only is politics too hot to discuss, DIET is the new hot potato. Yep. It

seems like every other day I bump into somebody in Lake WhaddyathinkImean who tells me that he or she swears by their new diet. How much weight they've lost. How much better they feel.

And, if only they had known about it years ago. And that's peachy, don'tcha know, as long as they're not checking out MY frying pan.

Why I stood witness to my dear friends, the lovebirds, Vilma Yuccch and Officer Stanley Penelope McBottom screaming at each other at such a high pitch, my toes curled. (Matches my hair now, don'tcha know.) Oh boy, were their faces in a knot. And all because Stanley won't give up eating roasted almonds instead of eating raw ones. Screaming over nuts just seems nuts to me!

It used to be just plain ol': I'm on an anything-I-feel-like-eating-withinmoderation diet OR a vegetarian diet. One or the other. Remember when being a vegetarian seemed weird? And ol' Maybelle ate that way for years. I got much criticism, but boy

were my chickens happy.

Now, we've got the paleo diet which says meat and animal fat is good for you, versus the vegan diet, which says not eating anything with eyes, or dairy or eggs, is best for your health.

Both committed vegans and paleo friends claim: "We've got the science behind us." Leaving Ol' Maybelle to wonder: How many sciences are

Here's what makes sense to me. We're all as different as snowflakes and no one diet is right for every-

So, I say to my dearest friends: Please, don't go poking your nose in my refrigerator, bread bin or cup-boards. And you'll be kind enough not to screw up your face while you silently plan on attending my funeral, which you believe to be next Tuesday based on what you see me eating sub-human food that clogs my arteries, weakens my immune system and

suppresses my mental agility.

And, NEVER start a sentence with: HOW can you eat ...(and end it with) ... THAT?"

I'm fine about folks eating whatever they like, but it took me a good long while to get over a hump Twindle Mumbly brought to my table with him when he first became a

He did all of the above no-no's and

more. He gave a 40-minute sermon on how everyone on the planet should eat a plant-based diet...and it wasn't even Sunday!

Maybe our biggest problem as a society came with the concept of black and white. It's either THIS or

Not anything in-between because grey hadn't been considered yet. And by the time it was, everyone was so used to everything being black and white that they were wary of thinking any other way. Grey was too weak. Too subtle. Too open to negotiation. No, black and white was easier to work with. I'm right and you're wrong, and never the twain shall

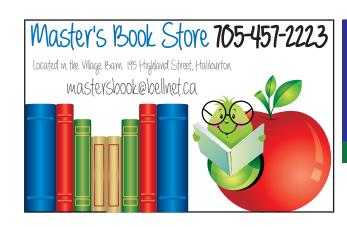
As for politics, it seems it's gone way beyond politics, don'tcha know. Well, surely south of the border, anyhow. There, it has become less about economics and more about divisiveness and bigotry versus inclusivity and acceptance, nationalism versus individual justice.

And, as for women's rights, the present administration is trying to turn progressive legislation back 20 years. My heart sinks just thinking about it. And that's certainly not

good for my indigestion.
You see? Not good table talk. Not
if you don't know how your friends feel about these things. Instead, it's best to stick to: "Delicious corn bread, Maybelle, please pass the gravy, and yes, I'll save some room for that yummy homemade pumpkin brie." (The obl. The pumpkin desert) pie." (Uh-oh! The pumpkin doesn't have eyes, but the filling's made with sugar and the crust has gluten. Oh boy.)

Maybelle's Fireside Stories is written by Jerelyn Craden. Jerelyn's novel, Vessie Flamingo Outshining the Moon, is available at amazon.com.











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For a copy of the handbook, call 705-457-4700 or email admin@haliburtonchamber.com

HHCC, alongside the Ontario Chamber of Commerce and MNP, have released a comprehensive handbook (Steering Through Change) to help businesses navigate the new costs and regulations associated with Bill 148, the Fair Workplaces Better Jobs Act. The handbook provides a summary of the incoming changes, outlines the potential risks to business, and identifies strategies to help mitigate the impact.





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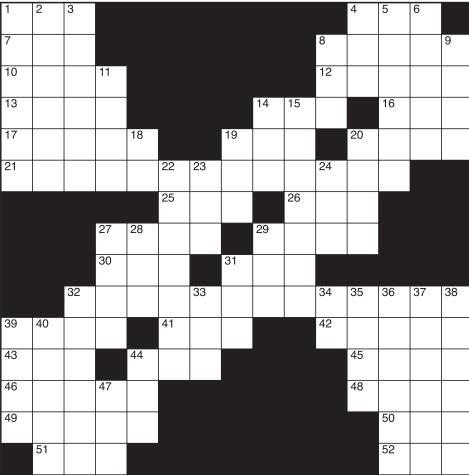
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Crossword brought to you by





CLUES ACROSS

- 1. "Be back later"
- 4. Zhou dynasty state
- 7. Mineral
- 8. __ and gagged
- 10. One of Lebron's former sidekicks
- 12. Ivory Coast village
- 13. Caffeinated beverage
- 14. Without armies
- 16. Intention
- 17. Sulfuric and citric are two
- 19. Supplement with difficulty
- 21. George and Weezie
- 25. Liquefied petroleum gas
- 26. Immortal act
- 27. Ancient Greek sophist
- 29. Aids digestion
- 30. Comedy routine
- 31. Actress Thurman
- 32. Adult beverage
- 39. Amounts of time
- 41. An awkward stupid person
- 42. __ Walker, "The Color Purple"
- 43. Covers babies' chests
- 44. Parts per billion (abbr.)
- 45. Ottoman military title
- 46. More skilled
- 48. Natives to New Mexico
- 49. Indigent
- 50. Illuminated
- 51. Very fast airplane
- 52. Devoid of cordiality

CLUES DOWN

- 1. Comedian Goldthwait
- 2. Worn by women
- 3. "Naked Gun" actor Nielsen
- 4. Processes fatty acids
- 5. Mortals
- 6. Not invited
- 8. Show_: entertainment
- 9. Darkens
- 11. Pilgrimage
- 14. Danish krone
- 15. Savior
- 18. Midway between south and east
- 19. Electroencephalograph
- 20. Henry's wife Boleyn
- 22. Hairstyle
- 23. Frames per second
- 24. Sinclair novel
- 27. Basics
- 28. A person's life story
- 29. Luxury automaker
- 31. Ultrahigh frequency
- 32. Island and antelope are two
- 33. Taxi
- 34. Farm state
- 35. Fence part
- 36. Rwandan capital
- 37. Onomatopoeic
- 38. In a state of turbulence
- 39. Abba ___, Israeli politician
- 40. Flowering plants
- 44. Inquire too closely
- 47. Sun up in New York

Answers on page 26



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The life of pie

Above, Gay Gervais, who has volunteered since 1982, works over a sink, making dough for pies at St. Anthony's Catholic Church on Oct. 25. Left, Gerry Zimmerling, a volunteer since 2003, cores and peels an apple. There were 272 kilograms of apples, 80 kilograms of flour, more than 17 kilograms of lard and 300 cups of sugar used to make 300 pre-purchased pies over two days (9 a.m. to 1 p.m. both days)./DARREN LUM Staff



Left. volunteer Gina Mazara, who has volunteered for more than 15 years, stands with pies, packaged and ready for delivery.

Right, cored and peeled apples ready to be cut for pies.



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UPCOMING Community **Events**

Haliburton: Sexual Health Clinic

When: Wednesday, Nov. 8, 10:30 a.m. to 12:30 p.m. The clinic provides clients with confidential access to cervical screening, low-cost birth control, pregnancy testing and sexual health teaching. Testing and treatment of sexually transmitted infections are also provided. For more information, locations or to make an appointment, call the Health Unit at 1-866-888-4577, ext. 2205.

Haliburton: Family-Friendly Flu Shot Clinics When: Wednesday, Nov. 8

Where: HKPR District Health Unit office (191 Highland St., Unit 301.) in Halibuton.

Special flu shot clinics only for families with children under age five. Both children and parents/caregivers can be vaccinated. To book an appointment, call 1-866-888-4577, ext. 1507.

Seed Saving Work Bee

When: Thursday, Nov. 9 from 3 to 6 p.m.

Led by Wild Edibles Enthusiast Carolyn Langdon

Where: Minden library branch

Bring all the seeds that you've collected for preparation, sorting and packaging for the Haliburton County Seed Library.

Hunters' (Turkey) Dinner

When: Friday, Nov. 10, Sittings at 5 p.m. and 6:30 p.m. Where: St. Paul's Anglican Church, 19 Invergordon Ave,

Tickets available at: Church Thrift Shop 705-286-2541, Pharmasave and Organic Times, Minden

Remembrance Day Ceremonies

When: Saturday, Nov. 11

Observe Remembrance Day at one of the local ceremonies. Full listing on page 12.

Heritage Turkey Supper

When: Nov. 11 from 4 to 6:30 p.m.

Where: Highland Grove Community Centre Adults \$13, under 12 \$6, six and younger - free A turkey dinner with all the trimmings and lots of pie.

Seed Saving 101

When: Saturday, Nov. 11 at 1 p.m. We will learn some simple but important rules about saving seeds from vegetables and ornamentals. Led by gardener and seed saver, Barbara Kraus.

Heat Bank Night

Hosted by Rhubarb and Boshkung Brewing Co.

When: Sunday, Nov. 12, 6 to 9 p.m.

Tickets: \$50 per person, Savour delicious food/wine and locally crafted beer, online, live and silent auctions make great Christmas gifts. Music by Chris Smith. 100% of all funds raised will support vulnerable residents in our county who experience heating emergencies this winter. Please call Rhubarb for your tickets 705-489-4449.

This is always a sold-out event. Heatbankhc.ca, rhubarbhaliburton.com

Haliburton Highlands Genealogy Group

When: Wed., Nov. 15. Doors open 6 p.m. presentation at 7

Where: Lions Hall, Bobcaygeon Road, Minden What: Two short films on Railway Days in Haliburton County, produced by Friends of the Rail Trail Cost: no charge, everyone welcome For more info contact Gail 705-286-2225

Passport Clinics

When: Thursday, Nov. 16, 11 a.m. to 1 p.m.

Where: Haliburton Legion

Minden Health Care Auxiliary Fundraiser

Hoedown for Health

When: Saturday, Nov. 18

Where: Minden Community Centre

Social: 5:30 p.m., Dinner: 6:30 p.m., dinner and auction Music by The Highlands Trio. Sponsored by The Minden Rotary Club, Tickets \$40, Call Mary at 705-2

Therapeutic Touch Workshop Level 3 (Learn or Refresh)

When: Saturday, Nov. 18, 9 a.m. to 5 p.m.

For more information please contact Susan Keith, RN/ TTRT, 705-457-3981 or email ch.concepts@sympatico.ca.

Pet Photos with Santa at the Minden Animal

When: Nov. 18 from 10 a.m. to 12 p.m.

Bring your four-legged family members out to meet Santa! \$10 per photo session gets you one photo along with an emailed copy! All proceeds going to Heat Bank Haliburton County.

Chumbley family celebrates

community news west guilford

Eleanor Cooper 754–2278

The Chumbley families celebrated the baptism on Sunday, Oct. 29 of Lucian, son of Jamie (MacDonald) and Nicholas Chumbley at St. Thomas Anglican Church, Bracebridge. About 25 Haliburton residents attended the happy event. They included Fraser and Bev MacDonald with their sisters, Ken and Valerie Chumbley, Dan and Cathy Chumbley, godparents of Lucian and Jocelyn

and Kara. The Reverend Kelly Baetz officiated at the ceremony and the relatives gathered at a reserved section of tables at a nearby restaurant to conclude the happy

Hunting season began here with the arrival of Daphne Cooper of Truro, N.S., and her mother, Shirleen who had come from Markham where she had been nursing her mother, Daphne Blunden, who had suffered a broken arm. Later Don Cooper arrived from Woodstock. All anticipated Shirleen's first (and subsequent) supper greatly. Happy hunting to other local camps as well over

Euchre Oct. 31

High – Rod Smyth and Ray Campbell Low - Robert McIvor and Jean Gallately Most Lone Hands – George Cooper and Donna Guerin Specials – Ed Muensel and Iris Miscio.

Saving seeds for next year's garden

community news wilberforce

Hilda Clark

Notices

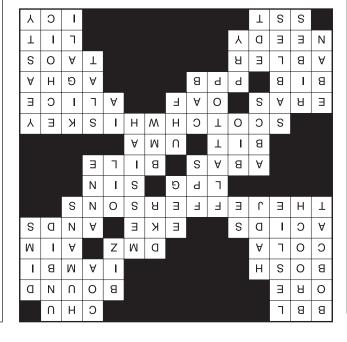


County of Haliburton 2018 Budget **Notice**

The Council of the County of Haliburton wishes to provide PUBLIC NOTICE that they will be discussing the 2018 budget on Thursday, November 23, 2017 at 9:00 a.m. in the County Council Chambers at 11 Newcastle St., Minden, ON The published agenda for the above noted date can be viewed online at http://haliburton.civicweb.net

> Michael Rutter, CAO/County Clerk 11 Newcastle Street P. O. Box 399 Minden, Ontario K0M 2K0 Telephone: (705) 286-1333 or 1-866-886-8815, Ext. 223 Fax: (705) 286-4829 e-mail: mrutter@county.haliburton.on.ca

CROSSWORD ANSWERS



Saving Seeds, a teaching/learning presentation at the Wilberforce branch of the Haliburton County Public Library on Saturday, Nov. 11 sounds interesting. It will be presented by Barb Kraus beginning at 1 p.m. She will likely have timely information about what seeds can be saved and how and where to keep them.

Lots of time to get to this talk even after attendance at Remembrance Day ceremonies at the Wilberforce Cenotaph. People do gather for that well before

Many in this area are deeply saddened by the death of Henrietta Holland of Essonville. "Henie," as she was well known, died on Saturday, Oct. 28, after serious health problems had entered her life. She was in her 74th year. She was the wife of Irvin Holland, mother of Kim Ackerman Paula McGladrey and Sue Caughill . She was stepmother of Kevin, Craig, Glen, Kimberly and Jennifer and sister to Hank (Helen) and Tony (Norma) Lindeman and Agnes (Robert).

Condolences are extended to all of Henie's family and her many friends.

A celebration of Henie's life will be held at the Royal Canadian Legion Branch 129 Haliburton on Monday, Nov. 13 at 1 p.m. with reception to follow.

A good range of items from baking, preserves, quilted items, knit toy animals, jewelry, paintings, Christmas ornaments and wreaths, and other treasures were available at the craft sale at the community centre last Saturday. Many thanks to Joyce Bowman for making this sale available again this year - her 33rd annual. Her gift baskets were among the most delightful items available at the sale. In addition to her regular office manager position, Joyce is also a popular choice for catering special events. How does she do it

WANTED



HISTORICAL PHOTOS FROM AROUND HALIBURTON COUNTY

Preferably from before 1970 Help revive our *Pic of the Past* section by sending in your pictures. Bring them in to the Echo office at 146 Highland Street or email them to jenn@haliburtonpress.com with dates and any other information.

THE HALIBURTON COUNTY ECHO

AND MINDEN RECORDER

Vol. 102

No. 8

Wednesday, November 9, 1983

'Voice of the Highlands'

18 pages

35 cents

Local group raises funds for villagers

A concert organized by a group of local citizens has raised more than \$600 to help the people of a village in lodie. in India.

The concert, put together by the Help a Village Effort committee, featured a number of local musicians, and attracted an estimated 125 people to the auditorium at Haliburton high school on Saturday

night.
Gerry Feltham, spokesman for the HAVE committee, said donations at the concert totalled \$607, "which is excellent."

The evening's program featured the Highland Dixie Band, country gospel singer Julie Hunter, saxa-phonist Rick Vaughan, who was accompanied by pianist Melissa Stephens, soprano Marilyn Stouffer, and mezzo soprano Nancy Robichaud.

Robichaud.
At intermission those on hand for the concert got a look at life in an Indian village through a film pre-

sentation.

The HAVE committee was formed in March, 1983, with the aim of providing financial assistance to self help projects in villages of third world countries. Initial efforts have been directed toward the Village of Imbrahimpuram, where a chapel is currently being constructed and a well drilled. A total of \$2700 will be needed for the projects.

total of \$2700 will be needed for the projects.

Feltham said the committee will meet next week to decide how to go about raising more funds. The money is sent to India through Word Ministries of India, and HAVE committee members have been assured that 100 percent of the funds they raise will be used for the specified projects.

Ultimately the local group hopes it can pursue the concept of

it can pursue the concept of twinning Haliburton or Minden with

twinning Haliburton or Minden with the Indian village.
"The twinning idea, I think, is very exciting." Feltham commented. "That, to me, is the way the world has to go, We have to try to help them in their villages."

If the committee continues to be successful in seeking the support of local communities, it may find other ways of getting funds to India, "but chances are we will still work through a recognized agency," Feltham said.

The HAVE committee intends to

Feltham said.

The HAVE committee intends to seek registration as a not-for-profit organization, so that it can issue tax receipts for donations.

Feltham said "it's a tremendous

feeling to see the enthusiasm of

everyone."
"In today's world we have to have that kind of thing."



Services mark Remembrance

Veterans and other citizens in communities throughout Hall-burton County will gather at several locations for services honouring the country's war

dead.

Branch 129 of the Royal Canadian Legion will begin its Remembrance Day activities this Friday with a service in the Legion auditorium at 10 a.m.

Following the service, at 10:45 a.m., Legionnaires and representatives of other community groups will march to the Hali-burton cenotaph for wreath laying ceremonies

ing ceremonies.
On Sunday, Branch 129 members will take part in a Remembrance service at the county memorial in Minden, beginning

at 2 p.m. Those taking part will march from the community cen-tre to the memorial. Branch 624 in Wilberforce will also hold Remembrance Day

ceremonies at the community's newly constructed and dedicated cenotaph. Members, veterans and others will parade to the cenotaph adjacent to the Lloyd Watson Memorial Centre, at 10:30 a.m. on Friday for wreath laying ceremonies.

Following the observances at the cenotaph, a luncheon will be served in the Legion Hall.

Members of Kimmount Legion Branch 441 and Coboconk Legion Branch 519 will also hold special observances in honour of their fallen comrades. newly constructed and dedicated

Monmouth election Inside is a five way race the Echo

The election race for a single vacant seat on Monmouth Township council has become a five way contest.

Candidates who filed nomination papers by the five p.m. deadline last Monday were Howard Anderson, Pearl Foster, P. John Finlay, Dwain Tighe and Carman Coumbs.

Watson Memorial Centre. Anderson sake decided to seek the seat at least partly because council has mad decisions recently with which he does not agree.

He says the by-election itself is an unnecessary expense for the Township, since council could have opted to appoint a citizen to the vacant

Coumbs.

The five are vying for a seat that was declared vacant a month ago, when councillor Barry Dunford stepped down to take on the job of road superintendent for the municipality.

road superintendent for the municipality.

While no single issue has prompted the five hopefuls to declare their candidacy, political interest is running high in Tory Hill with four of those seeking the seat being residents of that hamlet or the surrounding area.

Howard Anderson of Tory Hill served four years as a councillor in Monmouth during the mid 70's, a period in which the township undertook several major projects, including the arena and Lloyd

He says the by-election itself is an unnecessary expense for the Township, since council could have opted to appoint a citizen to the vacant seat. Anderson also noted that he was not in favour of a recent decision to rezone park land in Wilberforce for residential purposes.

"I feel that the Township shouldn't really be in the real estate business." Anderson commented. He says the main thing he has to offer the township's electors is

experience.

Anderson is a long time member of the Monmouth volunteer fire department, and is employed as a stock clerk at Martin Lumber.

He is married, and has two children

children.

Dwain Tighe, of Wilberforce,

Two week deer hunt on:

MNR says second week should not harm herd

Relatively mild weather appears to be favouring the deer rather than the hunters as the two week deer tunities.

When two week hunts have been

County.

Dave Atkinson, fish and wildlife supervisor for the Minden District of the Ministry of Natural Resources and Tuesday that the first day of the hunt "seemed to be quite

"There are not that many deer being shot," Atkinson said. He explained that in mild weather the deer are less active than in colder temperatures, and are less likely to encounter hunters. Frosty nights and snow prompt the deer to move into their yards, which may expose them to more risk from hunters'

guns.

This year for the first time in several years the season has been extended to two weeks. It began Moday and will end on Saturday, November 19, with no hunting permitted on the intervening Sunday.

day.

Akinson said the move to a two week season was promised to hunters when the ministry began issuing antierless deer permits, a step which reduced the number of does killed and helped herds to recover. Ministry officials promised hunting groups that when the herds came back to sufficient numbers,

tunities. When two week hunts have been

When two week hunts have been permitted in other wildlife management units, the actual number of deer killed has not increased significantly. Atkinson said,

In the second week "the kill is very low" he said, adding that "it doesn't seem to have much effect on the population."

He noted, however, that two week hunts have usually started in the first week of November when temperatures are warmer and deer less likely to move into their yards. With the later start of this year's hunt, "if we happen to have snow it could have an effect."

Five two man crews of conserva-

Five two man crews of conserva-

Five two man crews of conserva-tion officers are currently at work in the Minden District visiting hunt camps and checking permits, Atkinson said.

In general there are few offences against MNR regulations during the hunting season, he said. Most charges are laid against people who hunt out of season or use illegal methods.

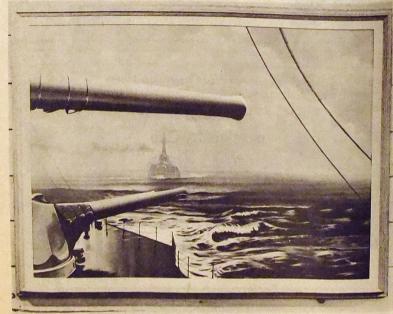
Approximately 2000 hunters are



Flyer remembers war experiences See page 3



Redmen lose title game See page 6



One of John Leonard's paintings

Gallery show has a military theme

In keeping with Remembrance Day, the Rails' End Gallery in Haliburton has opened a show featuring military art by John Leonard and memorabilia from members of Haliburton Legion Branch 129.

Leonard, a popular instructor at the Haliburton School of Fine Arts in the summer months, has turned

Legion members contribute artifacts

his talents to war themes in several paintings and sketches, and the results are breathtaking.

Centrepieces in the show are paintings of a Hawker Typhoon and a battle cruiser on the Atlantic. The Typhoon, rendered in exacting detail, is shown sitting on a grassy airfield while German Fock Wulfe 190's bomb and strafe behind. The effect is one of both menace and beauty.

The sea painting shows the rear deck and looming guns of a cruiser steaming on an oily sea beneath





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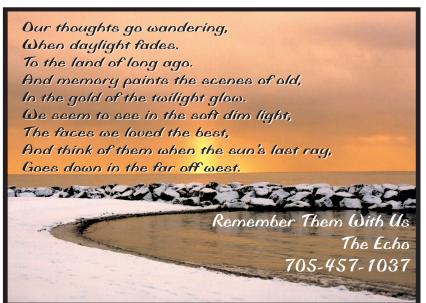
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650 OBITUARIES

Gilmour, James Scott;

Peacefully, at his home in Wilberforce, on Tuesday, October 31, 2017.

James Gilmour, age, 71, was the beloved husband of Violet (Simmons) Gilmour. Loving father of Kimberley Ann Gilmour of Wilberforce, and Scott Gilmour (Kimberley Burt) of Mississauga. Brother of Terry Gilmour of Manitoba, and brother-in-law of Roy Simmons of Mississauga and Marie Short (Derek) of Newfoundland. Cousin of Harvey Scott of Ottawa and Arlene Hunter (Don) of Dundas. Fondly remembered by his nieces and nephews. Cremation has taken place. Everyone is welcome to drop

in at Mapleview Apartments (2117 Loop Road, Wilberforce) on Saturday, November 04, 2017 between 1:00 - 5:00 p.m. for a visit and a Celebration of Jim's life. As expressions of sympathy, donations to a Charity of Choice would be appreciated by the family. Arrangements entrusted to M.G. Daly Funeral Home, Maynooth. (Cards available at the funeral home (613) 338-3259 or e-mail condolences to dalyfuneralhome@bellnet.ca or visit www.mgdalyfuneralhome.com).





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650 OBITUARIES

Community



Henrietta 'Henie' Marie Holland (nee Lindeman) (Resident of Tory Hill, Ontario)

Peacefully at Haliburton Hospital on Saturday morning, October 28, 2017 in her 74th year. Beloved wife of Irvin Holland. Dear mother of Kim Ackerman, Paula McGladrey and Sue Caughill. Stepmother of Kevin, Craig, Glen, Kimberly

and Jennifer. Loving Grandmother of Andrew, Josh, Lauren, Molly and Sarah, Alexander, Logan, Justin, Riley, Aidan, Liam, Lauren, Calvin, Élaina and Francesca. Fondly remembered by her brothers Hank (Helen) and Tony Lindeman (Norma) and sister Agnes (Robert Fraser) and also by her many friends far and wide.

Celebration of Life & Reception

Friends are invited to call at the ROYAL CANADIAN LEGION BRANCH #129 Haliburton on Monday November 13, 2017 for a Celebration of Henie's life at 1 o'clock. Reception to follow. As expressions of sympathy, donations to a charity of your choice would be appreciated by the family. Funeral arrangements have been entrusted to the HALIBURTON COMMUNITY **FUNERAL HOME** 13523 Hwy. #118, Haliburton, Ontario (705) 457-9209.

www.communityfuneralhomes.com

LENORE GILLESPIE (NÉE VINE)

FEBRUARY 1, 1927 - OCTOBER 31, 2017

Lenore died peacefully in her sleep on October 31, 2017 at Belmont House, Toronto. Predeceased by her beloved husband Hadden, wonderful son Hugh and dear brother Fred, Lenore will be missed by her loving daughters Nora and Mary Ellen, daughter-in-law JoAnne, son-inlaw Jim Easto, sister Grace and her husband John Everett, and sister-in-law Helen Vine. Lenore will also be greatly missed by her grandchildren Campbell, Lauren, Emily, Ryan, and Andrew, as well as her many nieces and nephews.

A memorial service has been held at Timothy Eaton Memorial Church in Toronto. If you wish to make a donation in Lenore's memory, please consider Haliburton Highlands Health Services Foundation or Belmont House Foundation. Condolences, photographs and memories may be forwarded through

www.humphreymilesnewbigging.com

Arrangements under the direction of the Humphrey Funeral Home A.W. Miles - Newbigging Chapel, 1-800-616-3311.





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Dana George Administrator

Karen Wood Broker

Linda Baumgartner Broker - Team Leader

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SALERNO LAKE

KENNISIS LAKE



Rare opportunity for a large private lot on magnificent Kennisis Lake. This property includes 2 seperately deeded lots adjacent to one another totalling just over 538 ft of

\$499,000

KASHAGAWIGAMOG LAKE

SANCAYNE STREET



This impeccable 3 bdrm home is sure to check off all the boxes! Great space for entertaining both inside & out. Enjoy movie nights in your own theater! Many improvements, dbl att & insul garage and in a great location.

\$499,000



Fully winterized three bedroom log cottage on Salerno Lake. Interior is finished with cozy pine w/ vaulted ceilings for spacious feel. 167 of secluded waterfront located in a small cove providing nice safe swimming.

\$449,000



Step across the road to your dock on Kash from this brick & wood beauty! Over 7 acres, lake view from covered deck, dbl att garage & so much

\$439,000

HARBURN ROAD



Endless possibilities with this five-bedroom home on almost 15 acres. Not enough space? The adiacent 68 acres is also included in the purchase price. Lots of living space with five bedrooms and studio - only five minutes from Haliburton!

\$425,000

RE/M COLLECTION®

SOYERS LAKE

RE/MAX



Stunning Timberframe 4 bdrm waterfront cottage/home on Soyers Lake. Quality finishing inside & out. Oversized insulated double det'd garage. Enjoy peace & quiet in this tranquil bay w/little boat traffic & easy access to the 5 lk chain.

\$2,150,000

HADLINGTON ROAD



Great opportunity to add your own finishing touches to this newly constructed unfinished three bedroom home. Situated on 70 acres with double detached garage.

\$238,000

COTTAGE PLUS BUNKIE



Enjoy cottage living with this cozy 4 season cottage and large bunkie with many upgrades. Municipal access to Miskwabi Lake across the road.

\$174,000

VACANT LOTS & WATERFRONT

Hwy 503 Building Lot 1.33 Acres......\$14,900

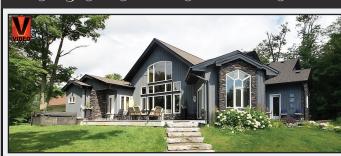
Salerno Lake Access .45 Acres......\$25,000

Maple Lake Access .79 Acres......\$34,500

North Shore Road 2.8 Acres.....\$49,000

Miskwabi Lake Access .98 Acres.....\$59,000

KAŞHAGAWIGAMOG LAKE



Stylish 2800sf Viceroy custom design 3 bdrm waterfront home/cottage. Spacious loft and custom copper fireplace & dbl att & insul garage,. Perfectly level lot, sunset west exposure & excellent sand beach.

Launch your boat right here!

\$1,440,000

A Word from our Clients

"For service above and beyond the call of duty—Thank you for your excellent service and all the little extras you have done for us. We are so happy to have sold our home through Remax. We will enjoy our new home for many years to come. Your reputation surpasses all others. We will recommend you to all that wish to buy or sell in the future.

James & Tammy H